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THE HUMAN BODY IN HEALTH AND DISEASE

BY DR A.W. CHASE.



FULLY ILLUSTRATED

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Alvin Wood Chase, M.D.

Author of "Dr. Chase's Receipt Book and Household Physician," "Ills of Life," "The Way To Health," and discoverer of Dr. Chase's Family Medicines. ❧ ❧ ❧

A practicing physician of remarkable skill, whose fame has reached to nearly every quarter of the civilized world.

Happy the man who finds in life the vocation for which nature intended him. Success is sure to crown his endeavors and life's work becomes a joy.

Nature undoubtedly intended Dr. Chase to be a healer of the sick, and from childhood his strongest efforts were ever in this direction. Any crumb of knowledge regarding the human body and its diseases was eagerly grasped and carefully preserved so that by the time he graduated from the Eclectic College of Medicine, at Cleveland, Ohio, and from the State University at Ann Arbor, Michigan, he was qualified as few physicians are when beginning the practice of medicine.

The career of Dr. Chase is so well known that it seems scarcely necessary to refer to it at length. His success in private practice, his scientific investigations in search of better treatments, his work of collecting all the most successful prescriptions known to the profession, the publication of his now world famous Receipt Book, the discovery of the great family medicines and the perfecting of them by tests made in his own practice, all these are incidents in a busy life of work for the benefit of humanity.

Though Dr. Chase began practice at Ann Arbor, Mich., his reputation was not confined to that city or state. News of his remarkable success in treating kidney and liver disorders, nervous troubles and other forms of serious disease soon spread abroad and brought appeals for help from all over the United States and Canada. He began sending medicines to persons at a distance, but soon

found it impossible to keep up with the demand on his time, and so resolved to put up his greatest prescriptions in convenient form for home treatment and place these in the hands of local dealers.

This effort to simplify medical treatment and save the too often unreasonable doctor's bills met with a storm of opposition from members of the medical profession, who feared the effect on their own practice and looked with envy on the wonderful success of Dr. Chase. The many large gifts of Dr. Chase to charitable and educational institutions and to all worthy objects, prove that it was no mere desire for money making that led him to so place on the market his great discoveries. Like a true physician, as he was, he thought most of relieving the sufferings of his fellow men.

As the details of manufacturing and distributing the remedies increased, it was found advisable to form the Dr. A. W. Chase Medicine Co., with offices and laboratories in Buffalo, N.Y., and Toronto, Can. More recently the demand for these medicines in Europe has grown to such an extent that offices have been opened in London, Eng., and it is expected before long that branches will be established in Australia and South Africa. There are on file in these offices, orders from nearly every country on the globe. Surely there could be no stronger proof of the downright merit of Dr. Chase's remedies than the fact that they are so universally known and approved of by such a large proportion of people in every community.

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How To Find

What You Want



If you have kidney disease turn to pages	6-9
If you wish to test the kidneys see page	6
If you are weak, nervous, irritable, see page	16
If your liver is sluggish and torpid see pages	11 and 39
If you have asthma or bronchitis look up page	42
If you cannot rest or sleep see page	25
For symptoms of liver complaint, page	11
Appendicitis is treated of on page	14
The symptoms of nervous exhaustion on page	16
If you have piles or hemorrhoids see page	35
If your back is weak, lame or aching, see pages	6-8
If you have nervous dyspepsia and indigestion see page	30
If you have catarrh look up page	43
If your bowels are constipated see page	4
See diagram of the nervous system on page	7
For paralysis and loco-motor ataxia see page	28
Women's diseases are described on pages	18-20
How to get our doctor's advice free, page	46
If you have headache leaf over to page	24
If you have rheumatism see page	15
If your children have croup or colds see page	40
If you have hay fever see page	44
The vital organs are pictured on page	38
Operations as a cure for piles, page	36
Eczema, psoriasis, etc., are treated of on pages	29-34
How disease is indicated by the tongue	10
What is your weakest organ	4
For prices of Dr. Chase's Remedies see page	43
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For throat and lung diseases turn to pages	40-42
Dr. Chase's Receipt Book, page	47
Circulation of the blood, page	5
For diagram of the nervous system see page	17
Anæmic young women turn to page	22
How to increase flesh and weight, page	24
Diseases of children are on page	29

What is Your Weakest Organ

If you can find this out and correct the trouble you will prolong life and add to your comfort and happiness.—This book will help you. . . .

When a man or woman of strong and healthful appearance suddenly falls a victim to consumption, kidney disorders, nervous ailments or other fatal diseases, general consternation is aroused and people wonder that this person above all others should have been taken away so suddenly.

This merely goes to show that there is a weak spot in nearly every human body and though of splendid physique, with well rounded form, strong, firm muscles and healthful color and complexion, disease may be gnawing at the vitals and gradually but certainly claiming its victims.

In by far the greater majority of cases disease is a result of lack of knowledge or neglect to take active means of preventing the development of symptoms which ultimately lead to serious trouble. It is the object of this little book to lead you to a better understanding of your body and the ills which are most likely to cause you suffering and unhappiness. You will find much to interest and instruct and we believe that you will be many times repaid if you keep this book for future reference.

While you will find much valuable information herein regarding the body in health and disease, it is with the prime object of making you better acquainted with the great medical discoveries of Dr. A. W. Chase that this book is presented to you. Besides describing the cases in which these remedies can be used to best advantage, we quote a few representative testimonials from the thousands that are on file in these offices.

We believe that any one will be benefited by a study of the symptoms of disease as contained in this work and any statements made regarding the merit of Dr. Chase's remedies are backed up by the evidence of good, honest, reliable people in all parts of the country. Instead of using glowing language in describing the cures brought about by these remedies, we prefer to quote the words of the cured ones and leave you to be the judge.

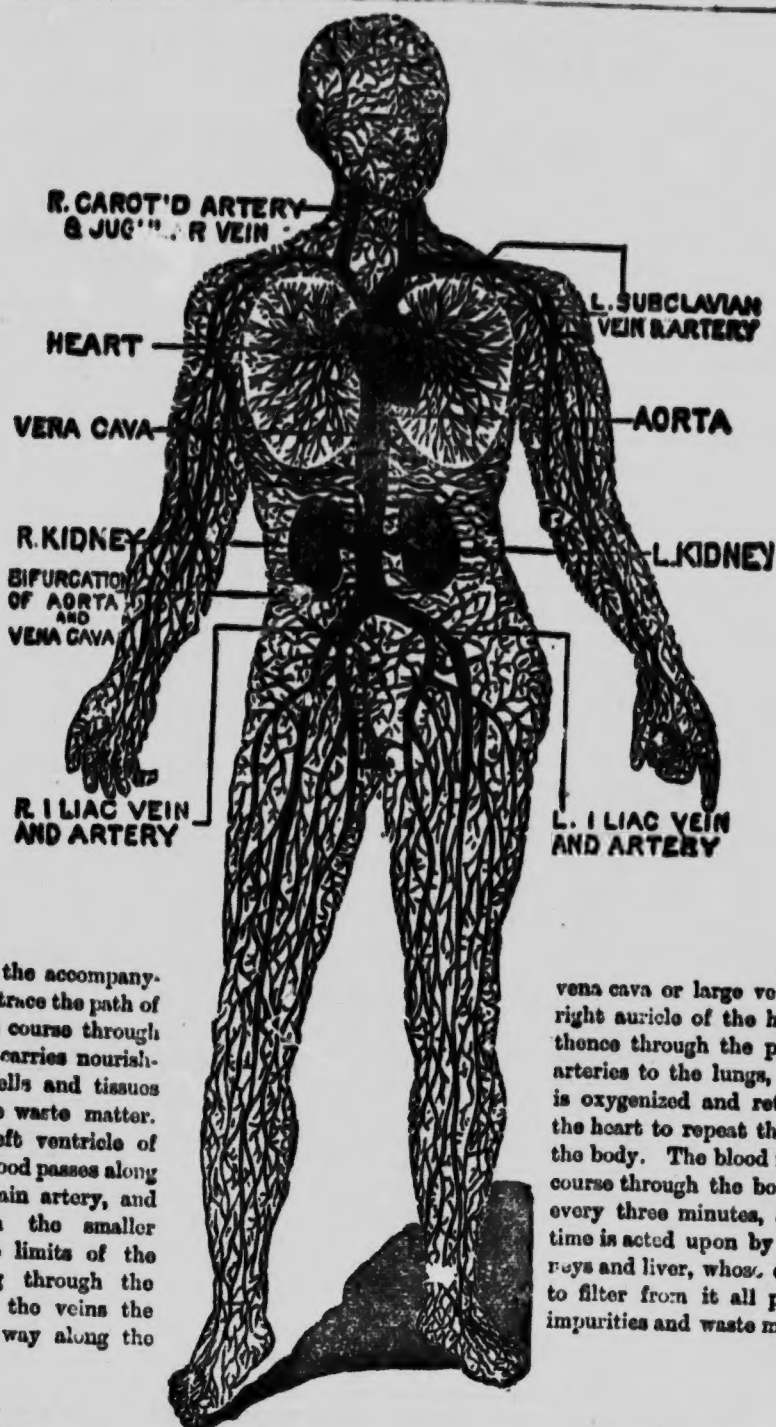
You may find cases which closely resemble your own and by noting the effect of the treatment used you can tell what to expect for yourself.

Sometimes we are asked if Dr. Chase's remedies are guaranteed to cure the ailments for which they are recommended and would only say that we do not wish you to class these medicines with quack nostrums which are put up by people who know nothing at all about the effect of medicines and are ready to promise anything in order to effect a sale. No reputable doctor will guarantee to cure you. No doctor knows for a certainty that he can cure you.

Now while Dr. Chase's remedies are not guaranteed to cure any particular case they are, we believe, the most effective treatments that you can possibly obtain for the diseases for which they are prescribed. This statement is backed not only by the evidence of thousands of persons who have proven this statement to be true but also by the reputation of Dr. A. W. Chase as a physician of undoubted integrity, remarkable skill and long experience.

You can use Dr. Chase's Kidney-Liver Pills with just as much confidence as you could a prescription from your family physician and with the extra assurance that while your doctor may be of very ordinary ability and limited experience while Dr. Chase had the advantage of very superior education and a long and varied experience.

And so it is with Dr. Chase's Nerve Food, Dr. Chase's Ointment, Dr. Chase's Syrup of Linseed and Turpentine, Dr. Chase's Catarrh Cure and Dr. Chase's Liver Cure. You will find all these remedies carefully described in this book and when you think of the almost innumerable formulæ which Dr. Chase examined and tested in his practice when preparing his world famous Receipt Book it does not seem at all probable that there are better treatments for diseases than those selected by Dr. A. W. Chase.



By means of the accompanying cut you can trace the path of the blood in its course through the body, as it carries nourishment to the cells and tissues and collects the waste matter. Leaving the left ventricle of the heart the blood passes along the aorta or main artery, and thence through the smaller arteries to the limits of the body. Passing through the capillaries into the veins the blood finds its way along the

vena cava or large vein, to the right auricle of the heart, and thence through the pulmonary arteries to the lungs, where it is oxygenized and returned to the heart to repeat the tour of the body. The blood makes its course through the body about every three minutes, and each time is acted upon by the kidneys and liver, whose duty it is to filter from it all poisonous impurities and waste matter.

The Circulation of the Blood

If the body is to be properly nourished the blood must be kept pure and rich. By regulating and invigorating the kidneys, Dr. Chase's Kidney-Liver Pills purify the blood. As a means of upbuilding and enriching the blood, Dr. Chase's Nerve Food is the most potent preparation obtainable.

Kidney Disease

The most dreadfully painful and fatal ailment that is known to mankind

Backache, weak back, lame back and excruciating pains in sides and limbs the marked symptoms

The blood does the double duty of supplying nourishment to the various organs of the body and carrying away the waste matter and impurities.

It is the work of the kidneys to remove these impurities from the blood and in order that this may be done the blood passes through the kidneys about once every three minutes.

The kidneys may be weak or diseased from a hundred causes, such as—overwork, worry, cold, strain, high living, excessive use of alcohol, etc. They are then unable to filter the poisons from the blood and the result is disease wherever these poisons find a lodging place.

It may be Bright's disease, dropy, rheumatism, gravel, inflammation of the bladder, swelling of the feet and legs or any one of a score of the most dreaded and most fatal complications. The important thing is to know the best means of setting the kidneys right and so avoid the harmful results.

This brings us to mention Dr. Chase's Kidney-Liver Pills because we believe that this is by all odds the most effective treatment that feeble, sluggish and inactive kidneys can receive.

Dr. Chase's Kidney-Liver Pills begin by bringing prompt relief to the constipated condition of the kidneys, liver and bowels. They remove the waste matter and so invigorate these organs as to bring about the return of regular and healthful action.

This great remedy seems to possess a peculiar power over the most complicated ailments of the filtering and excretory organs, and, as is evidenced by many letters in this book, effects cures where ordinary medicines fail.

You can depend on Dr. Chase's Kidney-Liver Pills, knowing it to be one of the most successful prescriptions of the world's greatest physician.

The Symptoms

Painness.
 Loss of flesh.
 Sleeplessness.
 Deposits in urine.
 Shooting pains.
 Highly colored urine.
 Swelling of feet and legs.
 Pains in back and loins.
 Dry, harsh skin.
 Severe headaches.
 Pain in kidneys with a cold.
 Stiffness and soreness of muscles.
 Sudden awakenings.
 Scalding, burning urine.
 Nervousness and despondency.
 Cold chills in back and loins.
 Frequent, painful urination.
 Rheumatic pains and stiff joints.
 Loss of appetite and failing sight.
 Feelings of weariness and despondency.
 Backache and deposits in the urine are the most marked indications of kidney derangements.

To Test the Kidneys

Put some urine in a bottle or tumbler and let it stand for twenty-four hours; if there is a sediment in the bottom at the end of that time, or if it is discolored, milky, cloudy or stringy your kidneys are out of order and are not doing their work properly.

You may also have pains in the back, inability to retain urine, a burning, scalding pain when passing water and a frequent desire to urinate, especially during the night. When kidney disease lasts for some time there is continued loss of flesh, harshness of the skin, dropsical swellings and frequently the formation of stones in the bladder which cause the most excruciating pains.

The Kidney and Ureter



This plate shows the kidney cut through the middle, revealing the interior: 1. Suprarenal capsule. 2. Cortical substance. 3. Medullary substance. 5, 5. Cavity of kidney. 6. Pelvis of kidney. 7. Ureter, which conveys the urine from the kidney to the bladder.

Stone or Gravel

When the kidneys become sluggish and

inactive, the uric acid, which if the kidneys were healthy would be removed from the body, forms deposits in the kidneys, and this ailment is known as stone or gravel. It is when these particles pass through the ureters (see 7 in cut) that the most excruciating pains are experienced. These passages are small, delicate and sensitive, and when irritated by the presence of uric acid deposits, the pains are sharp and piercing and beyond the endurance of man.

To prevent and cure this dreadful disease there is no treatment to be compared to Dr. Chase's Kidney-Liver Pills. So prompt and effective is the action of this great kidney medicine that these organs are soon set in order, the deposits are dissolved and all waste matter removed from the system.

Severe Pains in Back and Hips

Mr. John Orr, lumberman, Trenton, Ont., states:—"Through exposure to all sorts of weather in the lumber camp and as a result of the strain of my work I became a sufferer from kidney disease which in my case took the form of very severe pains across the back, over the kidneys and down the hips. When in the woods cutting down trees these pains would come on me with such force that I would have to give up work and return to camp entirely used up. Finding that a number of boys in the camp used Dr. Chase's Kidney-Liver Pills I decided to try them and did so with splendid results as they thoroughly cured me."

I Owe My Life to Dr. Chase

The astonishing cure of Mr. Isadore Major who suffered dreadfully from Kidney Disease and was considered incurable.



MR. MAJOR.

gone, and what I tell you I am ready to prove, for I am ready to take my oath that what I say is the truth."

Dr. Jas. T. A. Gauthier certifies to this remarkable cure, and gives all credit to Dr. Chase's Kidney-Liver Pills.

MR. ISADORE MAJOR, Valleyfield, Que., writes:—"After twenty years of suffering from kidney disease I believe that I owe my life to Dr. Chase. Remembering the advice of a friend, and seeing Dr. Chase's Kidney-Liver Pills very highly recommended in the papers, I made up my mind to try them. I did so, and can now say that I am completely cured. My body is as supple as a 20 year old man, though I am 47 years of age. My relatives and friends are surprised and pleased to see me well again, for I had spent hundreds of dollars in vain trying to get cured."

"Before I began the use of Dr. Chase's Kidney Liver Pills my back ached so much that I could not put on my shoes and I couldn't lift 20 lbs. My shoulders were sore and I was subject to headache, a bad taste in my mouth and indigestion. My eyes were bloodshot and dim, and reading caused my eyes and head to ache. These troubles are now

The Story of Dr. Chase's Kidney-Liver Pills

Not an accidental discovery but the result of years of effort, study and experiment

It is not a new story but an interesting one to many thousands who have tested the disease curing, life saving virtues of Dr. Chase's Kidney-Liver Pills.

Unlike many medical discoveries the formula of this great kidney and liver medicine was not an accidental find, but the outcome of years of earnest work on the part of Dr. A. W. Chase.

The doctor had not long been in practice at Ann Arbor, Mich., before he found out that a surprising proportion of human ills were the direct result of derangements of the liver and kidneys, and plainly saw that if he could compound a preparation which would have a combined action on these two organs of the body that he would be able to control at least seven-tenths of the common ills of human life.

At this time Dr. Chase was at work on his great Receipt Book which has since become famous the world over and had access to many of the greatest prescriptions that were ever written, and as he then had a large practice was enabled to test the various formulas.

It took many years to perfect the prescription for Dr. Chase's Kidney-Liver Pills and during that time the reputation of

Dr. Chase as an unusually successful physician spread abroad. Outgrowing the limits of his own State he became known far and near and was sought for in serious cases which seemed to defy the skill of the ordinary physician.

Being unable to be present at the bedside of all the sick and suffering who applied for his assistance, the doctor would send some of his Kidney-Liver Pills, and so it came about that they were put up as they are to-day for public sale, Dr. Chase restricting the price to twenty-five cents a box.

The success of this great family medicine has been phenomenal and is attributed to the fact that it has a direct and combined action on the kidneys and liver. It begins by regulating the bowels and making the kidneys and liver active in removing waste matter and impurities from the system.

It is probably not going too far to claim that Dr. Chase's Kidney-Liver Pills are the greatest medical discovery of the past half century. They have certainly relieved more suffering and cured more serious disease than any medicine that is before the public to-day.



MR. EMBREE.

Lumbago and Pains in the Back

Totally disabled this merchant—Physicians failed but Dr. Chase's Kidney-Liver Pills cured.

MR. THOMAS A. EMBREE, general merchant, a highly respected citizen of Springhill, N.S., was completely laid up with kidney disease, lumbago and pains in the back. He was unable to attend to business, and his sufferings were only temporarily relieved by physicians.

He writes:—"As the result of a severe cold settling on the kidneys I contracted kidney disease, which lingered for years, causing me much suffering from terrible pains in the back. For some time I was entirely unable to work, and though I tried several physicians I could only obtain slight temporary relief.

"Having heard of the merits of Dr. Chase's Kidney-Liver Pills on many similar cases, I began to use them, and after using seven boxes was completely cured. The cure is due entirely to the use of this grand medicine, which has since cured several persons to whom I recommended them."

One Pill a Dose

One of Dr. Chase's Kidney-Liver Pills is an average dose. So prompt and direct in action are they that this dose is usually sufficient. Some people being accustomed to take two or three ordinary pills at a dose make the mistake of overdosing when they begin this treatment.

Do not take more than one pill the first time. Should this prove ineffective you can increase the dose. If too strong divide a pill and take half a one at a dose. By so doing you can regulate the dose to suit your constitution.

How Often?

Most people find that one pill at night two or three times a week is the most satisfactory method of treatment. In severe cases it may be necessary to use the pills daily. The best way is to use your own judgment in your own case both as to size and frequency of dose. Take this medicine just as often as is required in order to keep the bowels and kidneys active and you will get the most satisfactory results.

A Blessing To Old People

The pains and aches which so frequently afflict the aged; the backaches, pains in sides and limbs, the stiffness of joints, the swelling of feet and ankles, the lumbago, rheumatism and in short nine-tenths of the suffering which creep on with the passing years are the result of deranged kidneys.

Of all the bodily organs the kidneys seem to be most likely to play out, and even the most healthy people seem to become victims of kidney disorders in old age. For this reason Dr. Chase's Kidney-Liver Pills are much appreciated by the old people—men and women alike.

Dr. Chase's Kidney-Liver Pills are so wonderfully prompt and direct in action that they seem to be effective when all other means have failed. They regulate the bowels, invigorate the liver and kidneys and bring comfort to old age. Most old people have watched the career of Dr. Chase with pride and admiration and recognize that his greatest blessing to them is the discovery of Dr. Chase's Kidney-Liver Pills.

A Well Man at 80 Years

Mr. R. J. McBain, Niagara Falls, Ont., a man of eighty years, and well-known throughout the Niagara district, writes:—"I believe if it had not been for Dr. Chase's Kidney-Liver Pills I would be in my grave before this. I was very bad with kidney disease, and suffered with dreadful pains in my kidneys. Being disappointed in the use of many medicines, I had almost given up hopes of ever getting better.

"One morning, after a night of especially severe suffering, a friend called to see me, and asked why I did not try Dr. Chase's Kidney-Liver Pills. I got a box at once and took two pills, which was a rather heavy dose; one pill is plenty at a dose. I used them regularly for a month, and at the end of that time was a changed man.

"It is now about five years since I began using this pill, and since that time I have felt as good as I did forty years ago. I am almost eighty years old, and am free from all disease except rheumatism, and this is much better than it used to be before I used this medicine. I recommend Dr. Chase's Kidney-Liver Pills with all my heart, to any person, man or woman."



MR. TRENEMAN.

Legs So Swelled He Could Not Walk

Kidney and Urinary troubles developed into dropsy—A severe case.

Dr. Chase's Kidney Liver Pills are strong favorites among the older people and we quote Mr. Treneman's letter as representative of what scores and hundreds of men in advanced life write us.

MR. TRENEMAN, of 536 Adelaide St., London, Ont., states:—"Two years ago I was laid up with kidney disease and urinary troubles. Besides the pain and inconvenience caused by these troubles I became dropsical, and my legs would swell up so that I could scarcely go around at all. Hearing of Dr. Chase's Kidney-Liver Pills I procured a box and continued the use of this valuable medicine until now I can say for a certainty that I am entirely cured. I never took any medicine that did me so much good, and am firmly convinced that if it had not been for this medicine I would not be working to day."

Women Have Kidney Disease

So much of woman's suffering is attributed to ills peculiar to her sex that it has become customary to ascribe such as the cause without enquiring carefully enough into the facts of the case. The treatment then being entirely wrong there is little hope of recovery until the error is found out. While pains in the back and limbs may accompany disorders of the feminine system they are also indications of kidney derangements.

To get at the truth study up the symptoms of kidney disease and make the test of your kidneys. Should there be indications of kidney derangements begin the use of Dr. Chase's Kidney-Liver Pills before the trouble becomes chronic and deep seated. One pill at a dose is usually quite sufficient and it may not be necessary for you to take more than one or two doses a week in order to set the kidneys in perfect order.

Mrs. W. Francis, 204 Colborne street, Kingston, Ont., states:—"I was in a very bad state with kidney disease in its worst form, I felt miserable most of the time, suffered from pains in the back and legs, and as I saw that I was gradually failing in health and becoming thinner and weaker, I worried a great deal about the future. I had tried a great many kidney medicines, but did not obtain much benefit.

"A friend of mine asked why I did not try Dr. Chase's Kidney-Liver Pills. I did so, and can truly say that they have entirely cured me. I would not think of being without this remedy in the house now, as we consider it a splendid family medicine."



MRS. WILKINS.

Kidney Trouble Common to Women

Often mistaken for other ailments—Study carefully the symptoms of deranged kidneys.

Many women have kidney disease and do not know it. They confuse the symptoms of kidneys with those of ailments of a feminine nature. We would warn you against this danger as a few days neglect of kidney disease might mean years of suffering. Study the symptoms of kidney disease contained in this book and apply the test to the urine. Should you find any symptom of kidney derangement a prompt use of Dr. Chase's Kidney-Liver Pills will undoubtedly set the kidney action right in a few days.

MRS. W. WILKINS, Henry St., Belleville, Ont., states:—"I suffered a great deal with pains in the small of the back caused from kidney trouble. Whenever I stooped I could scarcely rise again the pains were so great. The disease became so severe that it affected my general health and I was becoming very much run down. Since using Dr. Chase's Kidney-Liver Pills I can say that my trouble has entirely disappeared. I can speak in the highest terms of this medicine from the way it acted in my case."



The Tongue

Much may be learned from the appearance of the tongue. It is the physician's surest guide to the diagnosis of disease. The cut shows the appearance of the tongue when health is good. If coated in the centre and the sides look raw it indicates gastric irritation. If red and raw, or dry and cracked, it is a sign of inflammation of the mucous membrane of the stomach. If pale, moist, and coated white, a febrile condition of the system is indicated. When the tongue is elongated and pointed, quickly protruded and withdrawn, it indicates an irritation of the nerve centres. By such indications the skilled eye reads your condition by a glance at the tongue.

The Liver And the Bile

It is said that anyone whose liver is in thoroughly good working order can go safely through any epidemic without catching it. One thing is certain that when the liver gets out of order there is trouble in nearly every part of the body.

As the blood passes through the liver there is taken from it certain ingredients which go to form bile. Though these materials are poisonous to the blood and if left in it cause biliousness, headache, stomach troubles and a complete overthrowing of the digestive system, still they are of value when taken up by the liver and poured into the intestines in the form of bile.

Bile is nature's cathartic. It acts as an antiseptic, keeping the food from decaying until it is thoroughly digested and also regulates the bowels. Medicines may cause a motion of the bowels but constipation re-appears unless the liver is kept healthy and supplies the necessary bile. Thus it is that Dr. Chase's Kidney-Liver Pills thoroughly cure constipation. They set the liver right at the same time that they invigorate the action of the bowels, and by so doing remove the cause of further trouble.

Constipation and Liver Troubles

Rev. J. J. Johnston, Evangelist, of Warton, Ont., writes: "I must say that in my opinion Dr. Chase's Kidney-Liver Pills are an A1 preparation for constipation and kindred ills. I used this remedy for liver derangements and stomach troubles and found it highly satisfactory."



MR. BERNHARDT.

all, but I found that Dr. Chase's Kidney-Liver Pills were both prompt and thorough in their action. They have entirely cured me of my old troubles, my digestion is excellent, and I do not know what it is to have a pain in my back now. I can heartily recommend these pills as a splendid medicine for kidney and liver troubles and indigestion."

Symptoms of Liver Complaint

Coated tongue.
Sick headache.
Constipated bowels.
Disgust for food.
Nausea and vomiting.
Feelings of fullness and weight.
Scanty, highly colored urine.
Muddy, yellowish complexion.
Depressed spirits and dispondency.
Miserable feelings and irritable temper.
Yellowness of the eyeballs.
Pain and soreness under the shoulders.
Aching limbs and sometimes feverishness.
Pain under the shoulders, stomach derangements, irritable temper and headache are probably the most common symptoms.
The liver and kidneys are so closely related that the derangements of one is likely to affect the other. Hence arises the importance of such a treatment as Dr. Chase's Kidney-Liver Pills which act directly on both these organs.

Sluggish Liver

Mr. R. B. Dixon, McGillivray, B.C., writes:—"I have found Dr. Chase's Kidney-Liver Pills to be exactly what I needed. Since 1897 I have been on the construction of the Crow's Nest Pass branch of the C.P.R., employed in all capacities and exposed to all kinds of weather. I contracted a severe cold, then pain across the back, and owing to the hard fare we sometimes had to live on, the liver got sluggish and out of working order. Dr. Chase's Kidney-Liver Pills seemed to be the very treatment I needed and they have made me well again. I also used Dr. Chase's Ointment for Eczema last summer. It cost sixty cents a box, but was worth \$60. The cure was complete."

Stomach, Liver and Kidneys Deranged

Great suffering from pains in the back—Ordinary medicines of no avail.

On account of the intimate relationship of the liver and kidneys with the digestive system, stomach troubles are usually accompanied by disorders of these organs. Such complications can only be reached by such treatment as Dr. Chase's Kidney-Liver Pills afford, as this preparation acts directly on these very organs, prompting them to vigorous action.

MR. HUBERT BERNHARDT, George street, Galt, Ont., states:—"I was troubled for years with kidney and liver derangements and stomach disorders, and suffered a great deal from pains in the back. My digestion was very poor, gas would form on my stomach, and I would often feel great distress after meals. Ordinary medicines did not seem to suit my case at all, but I found that Dr. Chase's Kidney-Liver Pills were both prompt and thorough in their action. They have entirely cured me of my old troubles, my digestion is excellent, and I do not know what it is to have a pain in my back now. I can heartily recommend these pills as a splendid medicine for kidney and liver troubles and indigestion."

A Few of the Thousands

Dr. Chase's Kidney-Liver Pills

who testify to having been cured of Kidney Disease, Backache and Serious, Painful Complications by

Years of Suffering

Mr. John Wilson, a retired carpenter, who has lived in Welland, Ont., for thirty years, writes:—"Some years ago I was attacked with kidney trouble, and I became so run down and emaciated that my entire appearance was suggestive of physical decline. As time went on the complaint grew worse and became complicated with liver trouble. I had bad pains across the back and up the spinal column, bad spells with my heart, pain under the right shoulder, bilious headache about half the time, indigestion, fever and restlessness at night, and depression of spirits.

"At times I was incapacitated for work, and had spent probably one hundred dollars in different medicines, with no perceivable results. Doctors' advice proved likewise of no avail.

"Finally, on the advice of a friend, I began taking Dr. Chase's Kidney-Liver Pills, and in a short time the bad symptoms began to gradually disappear, and by the time I had used five or six boxes I was enjoying better health than I had in many years, all of which is due to the virtues of Dr. Chase's Kidney-Liver Pills.

"Since my recovery I have advised others to profit by my experience. Some have done so and are well, while others did not and have succumbed to this dreadful disease. I am a living witness to the value of this great medicine, and I am full of enthusiasm in imparting the good news to others who are afflicted as I was."

Kidney Disease

Mr. John Lewis, Surrey Centre, B.C., states:—"I have been troubled with kidney disease and terrible pains in the back for over a year. Dr. Chase's Kidney-Liver Pills have taken the pains away and are curing me. They are good pills for the kidneys."

Muscular Rheumatism

Mr. James Perry, engineer, with A. Nicholson & Son, Carleton Place, Ont., states:—"I have for sometime been troubled with my kidneys and suffered a great deal with pains in the back and limbs. I consulted some doctors, and they told me that I had muscular rheumatism.

"At times I would be so bad with my back and kidneys that I would give anything for relief. Hearing of Dr. Chase's Kidney-Liver Pills, I decided to try them, and am very thankful that I did, for I obtained relief very promptly. After using them for some time I was entirely freed of the pains, and as they have not returned, I consider the cure a permanent one. I always keep these pills in the house, and take one occasionally to keep my system in perfect order."

Pains in Small of Back

Mr. Wm. A. McDougall, police court clerk, Moncton, N.B., states:—"As a remedy for lame back, pains in the small of the back and all forms of kidney and liver trouble, I consider Dr. Chase's Kidney-Liver Pills ahead of all treatments. I have used these pills myself for liver derangements and always found them most satisfactory in relieving the trouble at once.

"I have also heard a number of people praise this medicine and have no hesitation whatever in recommending it to anyone affected with any of the above ailments. We always keep a box of these pills in the house in case of sickness."

Could Scarcely Straighten Up

Mrs. J. Lemard, 150 Aqueduct street, Montreal, Que., states:—"My main trouble was with my back, which was very weak, and whenever I stooped I could hardly straighten up again on account of the severe pains which would catch me in the small of the back. Believing that my ailment was caused from deranged kidneys, I began a course of treatment with Dr. Chase's Kidney-Liver Pills, and to-day I am all right again. The medicine seemed to act directly on the kidneys, and as a result improved my health generally. The distressing pains in my back have entirely disappeared, and I feel real strong and well."

Sharp Pains in Back

Mr. John Guheen, who is in the fish business in Port Hope, Ont., states:—"In my business I do a great deal of driving over bad roads and the constant jar of the rig along with exposure to all sorts of weather brought on kidney disease. I was in miserable health and suffered a great deal with sharp pains in my back. I heard of Dr. Chase's Kidney-Liver Pills and decided to try them. Before I had used all of the first box I felt better and three boxes have entirely cured me. I am very glad of an opportunity to recommend Dr. Chase's Kidney-Liver Pills for I have proven their wonderful control over kidney disease."

Headache and Backache

Mrs. J. Larter, 123 Cross street, Charlottetown, P.E.I., and whose husband is a contractor, states:—"I had suffered a great deal with pains in the small of the back, my digestion was bad and I was frequently troubled with spells of racking headache. I have been entirely cured of these distressing symptoms by the use of Dr. Chase's Kidney-Liver Pills and find that my general health is greatly improved since I have been using this preparation.

I can also testify to the merit of Dr. Chase's Syrup of Linseed and Turpentine as I was cured of a severe attack of bronchitis by the use of this remedy."

Popular Among Railroad Men

**Because They Cure Kidney Disease, to Which
Railroad Men are Particularly
Susceptible**

Mr. C. Noyes, for many years section foreman, and now flagman for the G.T.R. at Peterboro, Ont., states:—"For twenty-one years I was section foreman on the O.P.R., and was exposed to all sorts of weather. As a result my kidneys became affected and there was scarcely a day that I was not troubled more or less. At times I would have sharp, shooting pains through my back, and would get so used up that I felt like giving up work."

"During this time I was also a great sufferer from constipation. As I heard so much about Dr. Chase's Kidney-Liver Pills for kidney disease and constipation, I began using them, and can say that I was entirely cured of my old troubles in a short time."

Had Kidney Disease 23 Years

Mr. W. E. Berryman, conductor on the C.P.R., St. Stephen, N.B., writes:—"I have been rail-roading for 23 years, and for ten years suffered from a severe case of kidney disease and backache, a trouble common to railroad men. It used me all up to walk, and after walking up hill I would have to lie down to get relief, my back was so bad. I could not sleep more than half the night and then didn't seem to get any rest. I had used all sorts of medicines and was pretty badly discouraged when I heard of Dr. Chase's Kidney-Liver Pills. After using two boxes of this treatment I found it was helping me and five boxes have made a complete cure. I now rest and sleep well, my back is strong and the old trouble has entirely disappeared."

Three Months of Severe Illness

Mr. Richard A. Smith, Port Robinson, Ont., a respected farmer, who has resided at that place for twenty-seven years, states:—"For three months I was completely incapacitated for work, and have been cured by Dr. Chase's Kidney-Liver Pills. Before this serious illness came on I had been troubled more or less with kidney and liver derangements for fifteen or twenty years, and lost much time and money in different treatments, which were used to no purpose. About a year ago I had to quit work on account of severe pains in my back and side, which daily grew worse."

"I was in a miserable state, and could get no comfort sitting or lying down, had little sleep, my appetite was poor and I suffered a great deal. In the morning I would arise tired and enfeebled, and frequently felt discouraged, as neither doctors nor medicines did me any good. I was advised to use Dr. Chase's Kidney-Liver Pills, and did so with great benefit. Before I had finished four boxes I was able to be out and at work again, with my old-time vigor, and feeling better than for twenty years. I have also gained about twenty-five pounds in weight, and believe that my health is completely restored."

In a Plaster Jacket

Suffered Excruciating Pains for Three Years

Mr. S. O. Demers, Conception Station, Labelle County, Que., writes:—"I am writing you in order that others who suffer as I did may profit by my experience. For three years I was obliged to give up all work on account of severe pains in my loins, back and sides. I had become so stiff in my body that I could not lean over without suffering the most excruciating pains."

"I consulted several doctors and specialists, but all of them pronounced me incurable, and could not even give me relief. One had me encased in plaster in order to support the body, for I suffered dreadfully, but this only gave me temporary relief, and I thought myself condemned to die without being able to find a cure."

"About this time I received one of Dr. Chase's books, and found my case described exactly. The sample of Dr. Chase's Kidney-Liver Pills which came with this book gave me marked relief, so I bought some more and continued the treatment. Gradually the sharp pains in the back and sides grew less severe, and my bowels became regular and active—constipation had been one of my worst symptoms."

"I had also suffered from indigestion and gas on the stomach, pains between the shoulders, in the back, loins and sides, frequent desire to urinate and pain in making water, stiffness of the body, and all the sufferings accompanying derangements of the liver and kidneys."

"Since using Dr. Chase's Kidney-Liver Pills these ailments have become less and less, until now they have entirely disappeared. I have great confidence in Dr. Chase's Kidney-Liver Pills, and they have done so much for me that I cannot say enough in their praise."

About Testimonials

Occasionally you meet a person who is inclined to look upon all medicine testimonials as purely fictitious or grossly exaggerated. Whatever may be the practice of other firms we can repeat here what we have frequently stated before, viz: that so far as Dr. Chase's Remedies are concerned we have made it a hard and fast rule to never publish a testimonial for which we do not possess the written signature of the party giving it.

Furthermore we only use testimonials of persons whom we believe to be thoroughly upright and honorable and highly respected in the communities in which they reside. Investigate any case referred to for yourself, not forgetting to enclose a stamp for reply, and we feel certain that you will be convinced of the superior curative virtues of Dr. Chase's Remedies.

The King's Physician On Appendicitis

**Not Caused by Grape Seeds, Orange Pips, etc.,
as is Popularly Believed**

Preventative Treatment Better Than the Dangers of an Operation

It will be a surprise to many to learn that Sir Frederick Treves, physician to the King, and a great authority on appendicitis, in a paper recently read before a medical society, does not attribute the cause of this disease to the lodgment of grape seeds or other small particles in the appendix but rather to irregular and unwise habits in eating, careless and insufficient chewing of the food, over-eating and drinking, the use of indigestible foods, which tend to clog the system, and neglect to keep the kidneys, liver and bowels active in their work of removing waste matter from the body.

It is the accumulation of this poisonous waste material in the system that sets up inflammation of the appendix or appendicitis, and consequently these ailments can be avoided by keeping the filtering and excretory organs in active working order.

If you question people who have been attacked by this disease as to the cause of their trouble they will almost invariably attribute it to neglect to keep the bowels regular and the liver and kidneys active. These very people prevent the return of the trouble by paying special attention to these organs, but often make the mistake of using medicines which merely effect a movement of the bowels without having a lasting, beneficial result.

Dr. Chase's Kidney-Liver Pills are especially suitable as a preventative of appendicitis and such diseases, because they act directly on the liver, kidneys and bowels, making them vigorous in their action of removing waste matter from the body, and permanently curing kidney disorders and constipation of the bowels.

There could scarcely be a stronger warning against neglecting to keep the bowels and kidneys healthy and active. Year by year appendicitis claims more and more

victims, and it is undoubtedly a fact that the majority of these cases could be avoided by careful attention to the regularity of the organs of filtration and excretion.

Many Kinds of Constipation

When speaking of constipation most people speak of the bowels only, forgetting that the liver and kidneys as well as the intestines become sluggish, choked up and constipated.

Most medicines recommended for constipation act on the bowels only, and therefore entirely fail to actually cure constipation. They effect a motion of the bowels and afford temporary relief, but nothing more.

In this regard Dr. Chase's Kidney-Liver Pills are entirely different from any preparation on the market. They have a direct action on the liver, the kidneys and the intestines, and by setting all these organs right not only bring relief but effect a lasting cure.

This is one of the secrets of this great medicine. This combined action is not to be found in any other treatment. It is the unique feature of Dr. Chase's Kidney-Liver Pills and its discovery has made Dr. Chase famous the world over.

Habitual Constipation

Policeman Peter C. Morris, 10 Wascana avenue, Toronto, states:—"For years I was troubled with habitual constipation, which I believe is the most common ailment of all policemen. I had spent considerable money in trying all sorts of so-called remedies for constipation, and was always disappointed, as the relief was only temporary.

"I now gladly state that I have been completely cured by using Dr. Chase's Kidney-Liver Pills, and shall be pleased to personally recommend them to any person who wishes to interview me. I have already advised many friends to use them."

Rheumatism

Like gravel or stone—the most dreadfully painful disease which has ever afflicted the human kind—rheumatism is the direct result of deranged kidneys, and the twanging pains of rheumatism are caused by the formation of small particles in the joints and muscles of the body. Whenever uric acid is left in the blood by inaction of the kidneys, deposits of uric acid are made in the kidneys and bladder, or in the joints and muscles. In the former case the disease is called gravel or stone, and in the latter rheumatism.

In acute or muscular rheumatism these deposits are usually in the muscles. In chronic rheumatism, in the joints, and hence the swollen knuckles of the hand and enlarged knee joints. The difficulty in treating rheumatism is to eradicate the uric acid from the blood and so remove the cause of the disease. Doctors usually try to bring relief and do not make an effort towards securing a permanent cure.

The Cure

To begin with, patient and persevering treatment is absolutely necessary for the cure of rheumatism. Hosts of people fly from one remedy to another, and do not give any medicine half a chance to bring about beneficial and lasting results. While Dr. Chase's Kidney-Liver Pills are not claimed to be an absolute cure for every case of chronic rheumatism, it is a positive fact that they have cured scores of hundreds of people of this affliction, and will, we believe, cure any ordinary case whenever given a thorough test.

Dr. Chase's Kidney-Liver Pills do not act as a mere relief for rheumatism. Their action is thorough and far-reaching. They begin by setting the kidneys right and cleansing the blood of uric acid and other impurities which bring pain and disease. Gradually the uric acid is eliminated, the deposits are softened and dissolved and cure is not only thorough but lasting.

To Relieve The Pain

Though liniment alone can never cure rheumatism, still it is a great help in relieving pain and removing soreness and stiffness of joints. For this reason Dr. Chase recommends the following liniment, known as Dr. Chase's Golden Oil, to be used

in conjunction with Dr. Chase's Kidney-Liver Pills. While the pills are removing the uric acid from the system, the liniment, if well rubbed in, drives away the pain, soreness and stiffness. The prescription for Dr. Chase's Golden Oil is as follows:—Gum camphor, 2 ozs.; oil of organum, hemlock, sassafras and tincture of cayenne, each 1 oz.; oil of cajeput, spirits of turpentine, chloroform and sulphuric ether, each $\frac{1}{2}$ oz.; best alcohol, 1 pint. Mix and keep corked. In his Receipt Book Dr. Chase says:—"I consider this liniment the best for general purposes (rheumatism, severe pains, etc.), that was ever made, and it is very strong."

Kidney Disease and Rheumatism

Mr. and Mrs. Mollar, Newmarket, Ont., are both enthusiastic in praising Dr. Chase's Kidney-Liver Pills. She has used them for kidney troubles and he for rheumatism, with excellent results.

Mrs. Mollar states:—"I have used Dr. Chase's Kidney-Liver Pills for kidney trouble, and would not be without them for a great deal. They have certainly done me a world of good, and I would not think of using any other medicine for an ailment of this kind.

"My husband is troubled with sciatic rheumatism and is using Dr. Chase's Kidney-Liver Pills. They are doing him more good than any medicine he ever used, and we both heartily recommend them as an excellent medicine."

A Medicine You Can Trust

The confidence which we had in Dr. Chase's Kidney-Liver Pills when placing them on the market has not only been greatly increased as we have witnessed from time to time the wonderful cures brought about, but has been shared in by all who have used this sovereign remedy.

When we claimed that Dr. Chase's Kidney-Liver Pills would cure Bright's disease, liver complaint, dropsy, biliousness, backache, lumbago, headache, stomach troubles and all disorders arising from torpid sluggish action of the kidneys, liver and bowels, we knew that it had done so in scores of cases; now we can point to thousands of persons who are ready to give a sworn statement to endorse this claim.

If you are suffering from any of these ailments you can be absolutely sure of Dr. Chase's Kidney-Liver Pills helping you, and that right quickly. The action of this remedy is remarkably prompt and direct and also thorough and far reaching. It is a medicine you can trust.

The Ideal Food For Blood and Nerves

Sir Henry Thompson writes that it is difficult, perhaps impossible, for the present generation to realize the contrast presented in respect of the demand now made on man's activity, especially that of the brain, during the last few years.

The wear and tear of existence has enormously increased and the demand for rapid action and intense exertion by the nervous system is certainly tenfold greater now than it was then.

The necessary result of this extreme demand for brain activity, since that organ is the sole source of energy on which all the functions of the body, including that of digestion, depend, is an insufficient supply for this important process.

Under these circumstances nothing can be more important than to provide food of a kind and in a form which will economize the work of the stomach.

The most successful means of feeding the brain and nerves is by the use of Dr. Chase's Nerve Food. The discovery of this great food cure marked an era in the treatment of nervous diseases and rendered it possible to cure many forms of nervous exhaustion and prostration which were formerly incurable.

The old system of deadening the nerves with opiates and sedatives has given way to the rational method of feeding them and so restoring their wasted tissues and Dr. Chase's Nerve Food is the ideal treatment

for all diseases which arise from an impoverished and enfeebled condition of the blood and nerves.

In this class can be mentioned not only nervous prostration, nervous exhaustion, partial paralysis and locomotor ataxia, but also a host of ailments such as nervous dyspepsia, nervous headache, sleeplessness, dizziness, and general bodily weakness as well as the ailments peculiar to women.

Symptoms of Nervous Exhaustion

Headache.
Neuralgic pains.
Sparks before the eyes.
Buzzing in the ears.
Vertigo, faintness and dizziness.
Blunted intellect.
Inability to concentrate the mind.
Irritable temper.
Tendency to fear and anxiety.
Sleeplessness.
Jerking of the limbs.
Grinding of the teeth during sleep.
Absentmindedness.
Despondency and gloom.
Impairment of memory.
Hesitating speech.
Muscular weakness and trembling.
Twitching of the muscles and nerves.
Flushing and pallor of the face.
Inability to stand exertion.
Easily fatigued by mental work.
Coldness in the limbs and body.
Weak heart action.
Palpitation of the heart.



MR. R. B. POPHAM.

Left Run Down by La Grippe

Digestion bad, nerves unstrung, frequent spells of dizziness and nervous headache.

Hosts of people date their physical break down from the time they had la grippe. There are few, if any, ailments which leave the human system in such a weak and exhausted condition. It is useless to delay treatment thinking that you will get better after a while. The daily waste is greater than the income of strength and without the assistance of a restorative you must gradually grow weaker. Dr. Chase's Nerve Food so fills the blood and nerves with vigor as to overcome the waste and gradually build up the system.

Mr. R. B. POPHAM, 29 Edward street, Toronto, states:—"As a result of a severe attack of la grippe I was left in a weak and run-down condition. My digestion was bad, my nerves were all unstrung, and I had frequent spells of dizziness and nervous headache. By using Dr. Chase's Nerve Food regularly for some time I have succeeded in building up my system, and can now say that my digestion is good, the headaches and dizzy spells do not trouble me any more, and my nerves are steadied and restored. I consider this medicine a splendid blood and nerve tonic."



A.—The Cerebrum is the centre of intelligence and thought.

B.—The Cerebellum. This part of the brain controls the action of the voluntary muscles.

C.—The Medulla Oblongata connects the cerebellum with the spinal cord.

D.—The Spinal Cord carries nerve force from the brain to the nerve fibres, whence it is distributed to every nook and corner of the body.

E.—Cauda Equina.

F.—Sciatic Nerve, the derangement of which is known as sciatica and sciatic rheumatism.

The Nervous System

The Woman's Friend

A title frequently and fittingly applied to Dr. A. W. Chase, who did so much to allay the ills and sufferings peculiar to women

There is no period in woman's life when Dr. Chase's Nerve Food is not of benefit to her. In maidenhood when physiological changes are taking place which make a great demand on her physical strength, in womanhood when during the expectant period and after child birth a restorative and blood builder is so necessary, and at the change of life when there is such grave danger of derangements that will blight her future days; at all these times and at every period of weakness, woman finds Dr. Chase's Nerve Food of incalculable value and blesses the name of Dr. Chase for this great gift to woman kind.

While many physicians do not hesitate to use harmful drugs that act directly and injuriously on woman's delicate organism, effecting temporary relief and future harm; while others with a crass for surgery hasten to use the knife, at great risk and with untold suffering to the patient; Dr. Chase looked more deeply into the cause of woman's ills and found that cure, thorough and lasting cure could only be brought about through the medium of the nervous system with which the female organs are so closely associated.

As you will better understand by reference to the illustration on page 21, every

function of the human organs is dependent on the nervous system for the power which enables them to perform their duties. The feminine organs are a regular network of nerves, and are probably more quickly affected by any deficiency in the supply of nerve force than any other part of the body. Consequently, just as soon as the system gets run down and the nerves out of order, there are irregularities and weaknesses of these organs and no permanent benefit can be obtained until vigor is restored to the system.

Dr. Chase's Nerve Food was prepared especially with the object in view of curing the ills from which almost every woman suffers at some period of her life, and is endorsed by more women than probably any medicine you can name.

A careful study of the cases described here will interest you, and you may find one exactly like your own, and then be sure that Dr. Chase's Nerve Food would benefit you. While we do not publish in this book any letters which refer in detail to woman's peculiar ills, you can judge from the general symptoms mentioned that there were frequently other troubles present which were also cured by this great medicine.



MRS. HATFIELD.

Extreme Nervousness and Female Weakness

Mrs. BENJAMIN HATFIELD, Hillyard street, St. John, N.B., writes:—
"For three years I was a sufferer from extreme nervousness and female weakness. I was pale and weak, had no appetite, and would sometimes faint two or three times a day. I had three miscarriages and underwent a very painful operation. For seven weeks I was under the doctor's care, but he seemed unable to help me. Despairing of recovery, I took the advice of a friend, who told me that Dr. Chase's Nerve Food would build me up and make me strong and well again. After four months' use of this preparation I found myself greatly improved, but continued the treatment for one year, using in all sixteen boxes. I have been blessed with a young daughter now, and believe that I am as strong and well as ever in my life. As a result, I cannot say too much in favor of Dr. Chase's Nerve Food. It has performed a complete and thorough

cure in my case, and I am healthier and fleshier than I have been for years. The testimonials I see are not half strong enough. I tell my friends and neighbors about it, and many of them join me in pronouncing Dr. Chase's Nerve Food the most effective restorative obtainable. Desiring that other sufferers may benefit by my happy experience with Dr. Chase's Nerve Food, I willingly give you permission to use this testimonial."

"All Worked Out"

What hosts of women there are who feel that these words exactly suit their case. "They are all worked out." They have spent their nerve force and vitality in the care of their children, in the daily grind of house work, in nursing the sick and suffering, in attending to social duties and church work, and in spite of headaches, weakness and feelings of weariness and depression have kept going.

But there is a limit to human possibilities and sooner or later there must come a day of reckoning. With some it takes the form of nervous collapse and prostration, with others serious feminine disorders set in and often there are weary months and years of helplessness and infirmity.

But why neglect the health until the vitality is so far depleted, Dr. Chase, the woman's friend, has put within the reach of every woman a preparation which restores wasted nerves and builds up run down systems. Dr. Chase's Nerve Food is, on account of its mild and gentle action, especially suited to the needs of women. It supplies the body with an abundance of pure, rich, life-giving blood and puts new vigor into every organ.

By reading the letters published in this book from women in all parts of the country you will find that Dr. Chase's Nerve Food has proven a great blessing to them. It is altogether different from any medicine you ever used because it cures by building up the system and restoring lost strength and vitality.

It will prove interesting to you to weigh yourself while using this great food cure and to note the increase week by week as new flesh and tissue is added and the form rounds out to healthy proportions. You can feel yourself getting better while using Dr. Chase's Nerve Food. Vim and energy is restored, ambition revived and hope and confidence take the place of discouragement and despondency.

Why Beauty Fades and Sufferings Come

Real beauty is rare. It belongs to perfect health. Just as soon as the blood gets thin and watery and the nerves become exhausted beauty fades, wrinkles show themselves, the beautiful curves give way to leanness and angles. Nervousness quickly destroys beauty of face and form. The female organism becomes deranged and there are sufferings almost unbearable at the monthly periods. Too often women come to believe these mysterious pains and aches a part of their existence. They fail to realize that by keeping the blood and nerves in perfect health they can preserve youth and beauty and avoid an endless amount of suffering.

Dr. Chase's Nerve Food, the great blood builder and nerve restorative, is woman's greatest blessing from youth to old age. It helps her over the trying periods of her life and prepares the system in every way to perform naturally the duties of womanhood.



MRS. MCPHERSON.

System Broke Down from Overwork

A widow woman whose efforts to provide for herself and family brought on physical exhaustion.

Mrs. D. McPherson, of Forrester street, Truro, N.S., is a widow who earns a livelihood for herself and family by keeping books. After the work of the day is over she has the cares of a home on her mind, and under these circumstances it is little wonder that her health gave way and she found it necessary to use a restorative. The success of Dr. Chase's Nerve Food in her case is another example of the wonderful power of this preparation in building up the system and making the weak strong.

Mrs. McPherson, says:—"Last summer I got all run down from overwork, my nerves were unstrung and I had peculiar feelings in my head for which I could get no relief. Being advised to try Dr. Chase's Nerve Food, I did so and must say that I never used anything in the way of medicine that did me so much good. In fact this food cure built up my whole system so that to-day I am fully restored to good health. My head is entirely better, I sleep well and have been wonderfully benefited by this preparation."

The Menstrual Flow

From the time that menstruation begins, at the age of twelve or fifteen, until it ceases at the age of forty-five or fifty, the monthly periods may be called the thermometer of woman's health. Just as soon as they are irregular or accompanied by pain or distress, she knows that her system is deranged and that serious trouble is threatening.

Whether painful, scanty, suppressed or disordered, the cause is almost invariably in a weak and exhausted condition of the system, and serious complications can only be averted when the body is toned and invigorated by such a treatment as Dr. Chase's Nerve Food.

The important function of menstruation cannot long be suspended without upsetting the whole system. Women who are weak and subject to menstrual derangements should take great care to keep the body warmly clothed, as a chill may be enough to cause a suspension of menstruation, and bring on other ailments.

Since the common cause of irregularities and the suffering accompanying them is weakness of the nerves and muscles, the only care is in restoring the system, and invigorating the organs of the body. For this purpose Dr. Chase's Nerve Food has a reputation which is unrivalled by any treatment known.

Women Who Work

In the stores and factories, as well as in many homes, there are women suffering from female diseases and weaknesses who are compelled to be on their feet many hours each day. They have almost constant bearing-down or dragging pains in the abdomen, the small of the back and loins. These symptoms are usually accompanied by pains in the limbs, great fatigue, pain in walking, constipation and other irregularities.

The unusual strain to which some women are subject wears out the body at a tremendous rate, unless some restorative is used to reinvigorate the system. Dr. Chase's Nerve Food has established an enviable reputation as the most effective remedy ever prescribed for the ailments, weaknesses and irregularities of women.



MRS. HARRISON.

troubled with pains in my back which bothered me a great deal. At times I had dizzy feelings in my head and would suffer from severe headaches. I can heartily endorse Dr. Chase's Nerve Food because it has entirely freed me of these distressing symptoms and so built up my system that I now feel real well."

Female Weakness

The symptoms of "Female Weakness" are:—backache, dragging-down feeling, fatigue in walking, painful menstruation, uterine troubles, inability to stand long, and often ulcers and tumors.

To cure Female Weakness, or Falling of the Womb, the nerves and muscles must be toned and invigorated. Dr. Chase's Nerve Food is found to be particularly well suited as a remedy for this ailment so common to women. Through the circulation of the blood and the nervous system it finds its way to every organ of the body and builds up the system, restoring the full vigor and vitality of health.

No restorative was ever so successful in curing the ailments peculiar to women as Dr. Chase's Nerve Food. It brings back the color to the cheeks and the roundness to the form of pale, weak women. It frees them of backaches and the pains and aches caused by derangements of their system, and fills them with the vim and energy of youth.

Epilepsy and Insanity

Among the most dreaded results of an exhausted nervous system are epileptic fits and insanity. The epileptic should have the most watchful care at all times, and immediate assistance when the fits come on. The constant and regular use of Dr. Chase's Nerve Food will ultimately so strengthen the nerves as to give them full control of the whole system, when the fits will entirely disappear. Much patience and perseverance is required in the treatment of epilepsy, but the use of Dr. Chase's Nerve Food is certain to prove beneficial, and will thoroughly cure this ailment.

It is not claimed that Dr. Chase's Nerve Food will cure insanity, but if used regularly it will restore the health of the patient, and by revitalizing the nerves do much towards giving back the proper workings of the brain. In all diseases of the nerves, prevention is a thousand times better than cure. When nervous exhaustion first shows itself in sleeplessness, headache, irritability, is the time to prevent these dreadful diseases by the prompt use of Dr. Chase's Nerve Food.

Suffered with Pains in the Back

Had severe attacks of nervous headache and dizziness—Symptoms common to woman's illa.

Hosts of women who suffer from a run down system neglect to cure themselves, believing that they are only tired and not knowing that their vigor and strength is being depleted at an enormous rate. When the duties of the day become a burden and you feel like putting them off, you should suspect there is something wrong, and profit by the experience of Mrs. Harrison who restored her system by using Dr. Chase's Nerve Food.

MRS. T. HARRISON, 734 Victoria street, Kingston, Ont., and whose husband is a fireman, states:—"For some time I have been

The Nerves Control

There is no breathing, no beating of the heart, no action of the stomach and bodily organs without the all essential nerve power

A study of this illustration will repay you

Did you ever ask yourself how it is that tears come to the eyes, the lump rises in the throat and the heart beats quickly when certain emotions are aroused? Or again if the shock is more severe why is the stomach upset, digestion interfered with and other organs affected?

These facts only go to show the connection of the various organs of the body through the great sympathetic nervous system which is so plainly illustrated in the accompanying cut.

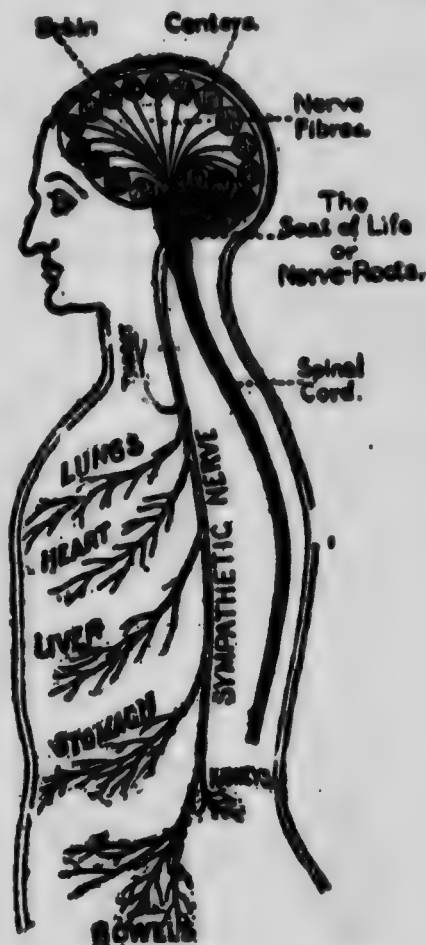
Though you may know that nerve force, the vital power which runs the machinery of the body is created in the brain centres and transmitted by means of the spinal cord and fine wire-like substances known as nerve fibres to every nook and corner of the body, you may not be familiar with the workings of the sympathetic nerve, nor understand how nervous exhaustion affects the several organs of the body.

You hear about weakness of the lungs, weakness of the heart, stomach weakness or female weakness, but the real difficulty underlying these ailments is lack of nerve force, lack of power to keep up the action of these organs which perform the functions of the body.

You may stop a headache if you use powerful drugs, produce sleep by morphine or whip up the action of the heart by means of stimulants, but by so doing you are merely consuming your remaining vitality at an enormous rate and physical bankruptcy must overwhelm you sooner or later.

Now the only natural and rational way to restore these organs is to increase the supply of nerve force and this can best be accomplished by the use of Dr. Chase's Nerve Food. Dr. Chase seemed to understand the nervous system as few physicians have done and the result was the discovery of this preparation which is undoubtedly the most successful treatment for nervous disorders that was ever conceived.

Each and every part of the body is traversed by the nerves and hence it follows that the whole system is benefited by this treatment. New vigor is imparted, the organs perform their duties thoroughly



and well as disease and weakness disappear. You will be surprised at the good you obtain from the use of the celebrated nerve restorative and blood builder.

Anæmia

You cut your finger. It bleeds more profusely than you think it should, and seems a long time in healing. You notice that your lips and gums are pale and bloodless, and the inner eyelids without color.

What can be the matter? You are anæmic. There is a deficiency in the quality or quantity of the blood in your body. The tissues wasted by worry, over-exertion or disease are not being replaced, and you are gradually losing in flesh and weight.

When you come to think of it, there are other symptoms of failing health. Loss of appetite, lack of interest in the affairs of life, feelings of languor and fatigue, impaired digestion, shortness of breath, dizziness and fainting, cold hands and feet, heart palpitation and weaknesses and irregularities.

Women and girls are especially subject to this ailment. The feminine organism demands an immense amount of blood in carrying out its functions, and unless the system is strong and well nourished there is likely to follow a bankruptcy in the blood supply.

To be healthy there must be a sufficiency of blood. Dr. Chase's Nerve Food is successful in the treatment of anæmic and similar exhausting and debilitating diseases of women, because it is taken immediately into the blood stream and fills the shrunk arteries with an abundance of life-sustaining tissue-building blood.



MISS CAREY.

An Ailment of Young Women

Blood was thin and watery, but health and color have returned, and she feels better than she has for years.

There is no trouble so frequent among young women as anæmia or thin, watery blood. During the physiological changes which take place an enormous amount of blood is consumed by the feminine system and many never seem to fully recover from the effects unless some blood builder is used. Dr. Chase's Nerve Food is admirably suited to such cases owing to the fact that it forms new red corpuscles in the blood and so increases the richness of the blood very promptly. It is appreciated by young women because it improves the color, gives a healthful glow to the complexion, increases weight and rounds out the human form. This food cure is a system builder and nerve restorer of remarkable effectiveness.

MISS LIZZIE B. CAREY, 15 Foster street, Chatham, Ont., states:—"I was all run down in health, my blood seemed to be thin and watery, and at times I scarcely had strength enough to get around. Since using Dr. Chase's Nerve Food my condition is altogether changed and my health very much improved. Though I was formerly quite pale I find the color is returning to my face. I am strong and healthy and in fact feel better than I have for years."

Victims of Surgical Operations

The great advance that has been made in surgery during the past generation has aroused a great interest in this department of medical treatment. Many doctors seem to have a mania for operations and just as soon as there is any derangement of the bodily organs they look for a chance to use the knife.

This is especially true in reference to diseases of the feminine organs and as a result there can be no doubt that thousands of lives are sacrificed and untold suffering caused where patient treatment would have brought about a restoration to health. Dr. Chase always opposed operations in cases of this kind and maintained that when the system was restored to normal condition that derangements and irregularities of the feminine organs would disappear.

That he was right has been proven again and again. Dr. Chase's Nerve Food has cured scores of hundreds of women who had been told by physicians that nothing short of an operation would save their lives, and it would be impossible to estimate the number who have through the influence of this treatment been saved from coming to this condition of health. Have a mind of your own and instead of undergoing the risk, expense and suffering of a surgical operation, make yourself well by using Dr. Chase's Nerve Food.

How to tell when You're growing Old

Falling powers which tell of premature decline in force and energy—Breaking down of nervous system.

It is not pleasant to think of growing old between the ages of thirty and forty, but the characteristics of the age are such that hosts of men and women are worn out and exhausted while yet young in years, and are forced to live out their days in helplessness of mind and body.

Diminished power of attention and memory, lack of energy and vigor in the accomplishment of work, lowered imagination and enthusiasm, lessened adaptability to change, greater slowness of mental action, a tendency to be worried and irritable are among the signs of premature decline. Nerve force is wanting and mind and body are only accomplishing their function with greatest difficulty and with lessening strength.

One of the first and most troublesome symptoms of approaching nervous collapse is headache of a peculiar kind which usually follow fatigue or undue exertion of body or mind. There is also paleness, weak pulse, cold hands and feet, loss of appetite, indigestion, vertigo or dizziness, inability to rest or sleep, twitching of the nerves, cramps in the legs and general weakness and restlessness.

If new nerve force can be supplied to the body in sufficient quantities to make up for the tremendous waste that is tak-

ing place under these circumstances, cure can be effected and strength and vitality can be restored. That these results have been accomplished in hundreds of cases by Dr. Chase's Nerve Food is the best guarantee of what it will do in the future.

Old people use and recommend this preparation because it increases their vitality and helps their weakening organs to perform their duties. Younger people, who have been overworked or weakened by disease, endorse Dr. Chase's Nerve Food because it restores to them their former health, gives them back strength, confidence and vigor to fight again the battles of life, and to triumph over weakness and disease.

Heart Palpitation

Palpitation and irregular beating of the heart is usually caused by over-exertion or heart strain at a time when the system is in a weak and run down condition. The attacks of palpitation may last for a few minutes or for hours and are accompanied by choking or fulness in the throat, the face gets flushed or pale, the patient having a feeling of anxiety with a sense of impending danger and a fear of sudden death.

If early and properly treated, palpitation can be permanently cured. The all important point is to get the system into a strong and healthy condition. You may have attacks of palpitation after beginning the use of Dr. Chase's Nerve Food, but they will grow less and less severe as the heart is strengthened and nerve force increased and will finally disappear entirely.



MR. H. CHAMBERLAIN.

The Postman's Troubles

Headache and Nervous Dyspepsia made walking very hard for Mr. Chamberlain—He is well now.

Everybody likes the postman and welcomes him on his round with messages of joy and sorrow, of good fortune and bad; but the postman does not always get the sympathy he deserves. His walks are long, his burden is often heavy, and he must be out in the rain, storm and cold, as well as on sunshiny days. The result is frequent colds, derangements of the bodily organs and exhaustion of the nervous system.

Postmen have found Dr. Chase's Nerve Food to be of great value to them in building up the system, and the letter quoted below is representative of what many letter carriers state.

MR. H. CHAMBERLAIN, letter carrier, 97 Cambridge street, Ottawa, Ont., states:—"After a pretty thorough test of Dr. Chase's Nerve Food I can say that this medicine does all that is claimed for it. I have used the Food for nervous dyspepsia, headache and as a general nerve tonic, and have been more than pleased with the result. It has toned up my system, improved my digestion and entirely freed me of headaches. I can heartily endorse Dr. Chase's Nerve Food."

Loss of Flesh and Weight

An indication of wasting disease, of exhausting nerve force, declining strength and vitality

Can you imagine a more severe test of any preparation than that of adding firm flesh and increasing the weight of the body? It is possible of course, to add fat by the use of fish oils, but the tissues created by the use of Dr. Chase's Nerve Food are firm and natural. The blood is thoroughly enriched and the nerve force replenished. Pallor and weakness give place to a healthy complexion and strength of mind and body. Languor and discouragement are driven out to make way for vigor, new hope and confidence.

It might be worth your while to make a test of this great food cure as a builder of flesh and muscle. Note your weight when beginning the use of Dr. Chase's Nerve Food and watch the gradual increase week by week. At first the increase may be slight owing to the wasting process, which must be stopped. Then naturally and certainly, the whole system is built up and perfect health and vitality restored to every part of the body.

Headache

Strictly speaking headache is a symptom rather than a disease in itself and should

be treated differently according as its nature and cause differ.

Sick, Nervous Headache is associated with intolerance of motion, light and sound and incapacity for mental exertion. It arises from nervous exhaustion, thin, weak blood and a run down condition of the system generally and can only be thoroughly cured when the causes are removed.

This being the case there can be no more effective treatment than Dr. Chase's Nerve Food, not that his treatment will necessarily afford quick temporary relief, but because it builds up the system and gradually overcomes the conditions which give rise to headaches and other intolerable symptoms.

Bilious Headache on the other hand is the result of a sluggish action of the liver, constipation and stomach or intestinal indigestion and can best be cured by using Dr. Chase's Kidney-Liver Pills.

The danger which underlies the use of headache powders and all remedies recommended to instantly stop pain is now so well known that very few people care to risk their lives or undermine their health with such treatment.

Mr. Richard A. Gregory, Aberdeen street, Fred-erickton, N.B., states:—"I was very nervous as a result of overwork and anxiety, and felt that my health was very much run down. I also suffered a great deal with headaches and dizzy spells. I obtained a box of Dr. Chase's Nerve Food, and can now say that my nervous system has been very much toned up, my appetite has been improved, the headaches and dizzy spells have gone, and I feel better and stronger in every way."



MRS. LOBB.

Sick Headaches and Sleeplessness

What hosts of women know too well the meaning of the words "sick headache"—They could be cured as was Mrs. Lobb.

To many women the mention of headache suggests the use of a powder to stop it. Did you ever think of the danger in using a drug that has such a powerful effect as to promptly stop a headache? Have you noticed reports in the newspapers from time to time of people losing their lives by the use of headache powders? It is impossible to emphasize too strongly the dangers of using such drugs for temporary relief. There is always a dangerous and debilitating reaction. The only way to produce a lasting benefit is to remove the cause, and as sick headache is usually the result of exhausted nerves and a run down system, Dr. Chase's Nerve Food is wonderfully effective as a lasting cure for this ailment.

Mrs. A. Lobb, 204 Rectory street, London, Ont., states:—"I was troubled to a great extent with sick headache, and in fact I was so bad that I became very nervous and unable to rest or sleep. I had not used Dr. Chase's Nerve Food long before I noticed that my sleep was better and the headaches less severe. I can say now that I am as well as I ever was and give all the credit to Dr. Chase's Nerve Food."

Sleeplessness

To compel sleep by opiates or sedatives is not to cure sleeplessness. Once the effect of the drug wears away the whole system is left in a weakened condition, digestion is deranged, secretions checked and the vigor of the stomach and other bodily organs impaired.

Each time sleep is desired larger and larger doses must be taken and so it goes on until the morphine habit is established or the patient becomes a slave to some deadly drug.

The best physicians refuse to prescribe such treatment unless the patient is suffering great pain but there are hosts of doctors who in order to gain a cheap kind of credit do not hesitate to give their patients drugs which they know will in the end be their ruin.

It is impossible to emphasize too strongly the dangers of such methods of treating sleeplessness. If you are tempted at any time to yield to being drugged remember this warning and you will be thankful for it.

The only way to treat sleeplessness scientifically is to enquire into the cause which in the great majority of cases is found to be exhaustion of the nervous system and general weakness of the body. Sleeplessness can usually be cured but only when the system is built up and the nerves are invigorated.

We claim that Dr. Chase's Nerve Food is a thorough cure for sleeplessness and this claim is backed by the evidence of

scores and hundreds of people, a few of whom are quoted in this book.

We don't want you to get the idea that by taking one of Dr. Chase's Nerve Food pills on retiring you will obtain rest and sleep that night, this food cure does not work that way, it cures sleeplessness thoroughly by removing the cause. You will likely feel the benefit of this treatment in a week or two, but may have to use it for a month, or two, or three, before your nerves are restored to normal condition.

Nervous diseases are slow in coming on and can only be cured by patient and persistent treatment. Anyone who thoroughly tests Dr. Chase's Nerve Food will be amply repaid for their trouble by obtaining marked and lasting benefit. You can satisfy yourself of this by the testimony of others.

Nerves Exhausted—Could Not Sleep

Any person who knows Mr. W. J. Harris, of 173 James street north, Hamilton, Ont., will read his letter with considerable interest. Mr. Harris' friends are glad to see him about again, and in good health and spirits. Like so many thousands of people these days, he allowed his health to get run down and his nerves to get exhausted.

Dr. Chase's Nerve Food was advised, and we shall leave Mr. Harris to tell in his own words how he has been benefitted by this great food cure. Under date of March 26, 1902, he writes:—"Some time ago I became run down in health, and had a severe attack of nervousness. I felt fatigued, could not sleep, and was pretty badly used up generally. I tried several nerve medicines, but with no good results. I was advised to use Dr. Chase's Nerve Food, and am thankful to say that three boxes entirely cured me, and I can strongly recommend it to persons suffering from nervous diseases or debility."

Nerves on Edge—Could Not Sleep

So irritable could not bear the children's slightest noise—Is now strong and well again.



MRS. BROOME

You would not think to see Mrs. Broome now that she had been on the verge of nervous collapse, but she was, and gives full credit for her restoration to Dr. Chase's Nerve Food. When raising a family and attending to the many household and social duties of this age a woman's life is a busy one, and a strong system is required to stand the strain. As desirable as it is to keep up and going, there is great danger of a complete break down, and it is the duty of every woman to heed the warning symptoms such as headaches, sleeplessness, nervousness, etc., and take active means of calling a halt before exhaustion or prostration come about.

Mrs. C. BROOME, 298 Ferguson avenue N., Hamilton, stated:—"For five years I suffered from nervousness and pains in my side and was so irritable that I could not bear the children to make the least noise, and found it almost impossible to sleep at nights. After taking a number of boxes of Dr. Chase's Nerve Food the pains in my side left me, and now I am real strong and well again. I sleep well and the children's noise does not seem to effect me. I can highly recommend this treatment to any person suffering as I did."

DR. CHASE'S KIDNEY-LIVER PILLS REGULATE THE BOWELS

What Canadians Think of Dr. Chase's Nerve Food

The Greatest Medical Discovery of the Age

Investigate these cases. They are reports from reliable fellow-citizens in all parts of Canada. The original testimonials, along with thousands of others, are on file in our office. Each one is duly signed by the party concerned and is just as authoritative as though sworn to before a Justice of the Peace.

Mrs. Willis Taylor, Hensley street, Charlottetown, P.E.I., states:—"I suffered from nervous prostration, could not sleep, and frequently had attacks of nervous headache. In fact, my whole system was run down, and my health was in anything but a satisfactory condition. Since having used three boxes of Dr. Chase's Nerve Food I can say that I never tried any medicine that did me so much good. It has built up my system, strengthened the nerves, and enabled me to sleep and rest well. It is now a considerable time since I had a headache, and I can truthfully recommend Dr. Chase's Nerve Food as a splendid preparation."

Mrs. Nooran, 19 Sullivan street, Halifax, N.S., states:—"My daughter was troubled last spring and summer with tired, listless feelings. She seemed to have no energy, was very pale, had no appetite, and became very nervous and weak. We were much alarmed about her, as nothing seemed to do her any good. It was not long, however, after beginning the use of Dr. Chase's Nerve Food until we began to see a marked improvement in her condition. Her color got better, she gained in weight and vigor, and her whole system seemed to be built up. She is quite well now, and we join in strongly recommending Dr. Chase's Nerve Food."

Mr. Simon Cloutier, shoemaker, 111 LaGauchetiere street, Montreal, Que., states:—"For six years I was not able to work, my nerves were all unstrung and my digestion had I had severe attacks of headache, could not sleep, and suffered with shooting pains in the small of my back. I was in four hospitals but the doctors could not cure me. They said I would never be well again. In spite of their decision I began the use of Dr. Chase's Nerve Food some months ago, and I am convinced that I owe my life to this medicine. I have now been at work for over two weeks, and believe that my health has been fully restored. It is a pleasure for me to add my testimony to the hosts of others from persons who have been cured by this wonderful medicine."

Mrs. D. O'Connor, 278 Simcoe street, Peterboro, Ont., states:—"My heart has given me a great deal of trouble lately. The least undue exertion affected it, and brought on weakness and fainting spells. My nerves were also very unsteady, and I became so bad that I decided to try Dr. Chase's Nerve Food, which was highly recommended to me. Now I am happy to be able to say that I am completely restored to health. My nerves are strong and steady, the action of my heart regular and the dizzy spells have ceased to trouble me."



MRS. TOBIN.

Has Gradually Grown Stronger

While using Dr. Chase's Nerve Food—had been much run down from prolonged cold.

Even medical doctors who are slow in acknowledging the value of their fellow doctors' prescriptions admit that the restorative effect of Dr. Chase's Nerve Food is most extraordinary. When people become run down whether by disease, over-work or worry, this food cure can be absolutely relied upon to restore strength and vigor to the system.

Mrs. Tobin, of 353 Wellington street, Montreal, Que., was very much reduced in health on account of a protracted cold which was similar to la grippe in its effects. Her system became very much run down and nothing seemed to be of much benefit in the way of medicine. Hearing of Dr. Chase's Nerve Food she began using it with marked benefit.

Mrs. Tobin states:—"As a result of a severe and prolonged cold my system got very much run down, I was nervous, had no energy and at times suffered a good deal from headaches. Since I began using Dr. Chase's Nerve Food about eight weeks ago, I have gradually grown stronger and healthier, my nerves have been toned up and the headaches do not bother me. I can heartily endorse Dr. Chase's Nerve Food because I have been so much benefitted by it."

Rev. T. Brown, Methodist minister of Oremee, and late of Bethany, Ont., writes:—"A year ago last November I was overtaken with nervous exhaustion. For six months I did no work, and during that time I had to be waited on, not being able to help myself. Nervous collapse was complete, and though I was in the physician's hands for months, I did not seem to improve. At any little exertion my strength would leave me, and I would tremble with nervousness.

"From the first I used a great many nerve remedies, but they seemed to have no effect in my case. I had almost lost hope of recovery when I heard of Dr. Chase's Nerve Food, and began to use it. As my system became stronger I began to do a little work, and have gradually increased in nerve force and vigor, until now I am about in my normal condition again. I consider Dr. Chase's Nerve Food the best medicine I ever used. Not only has it proven its wonderful restorative powers in my own case, but also in several others where I have recommended it."

Mrs. Chas. Keeling, Sr., Owen Sound, Ont., writes:—"It is a pleasure to tell what great benefits I have derived from the use of Dr. Chase's Nerve Food. I am fifty-five years of age, and for about five years my life was one of great suffering from nervousness, weakness and extreme physical exhaustion. I could not sleep, and hot flushes would pass through my body from feet to head. I consulted our family physician and two other doctors, but they told me about my time of life I was likely to be troubled that way. I continually grew worse, and despaired of ever being cured. Dr. Chase's Nerve Food came to my notice, and as we have Dr. Chase's Receipt Book, I had confidence in the Doctor. I was so surprised at the help I received from the first box that I bought three more. They built me right up, and made me feel healthy and young again. They have proven a great blessing to me, and I hope this testimonial will be of help to some weak, nervous woman suffering as I did."

Mrs. C. Gierkey, 33 Maine street, St. John, N.B., states:—"I had been in very poor health, and in fact when I began using Dr. Chase's Nerve Food I had just got up from a bed of sickness, my nerves were in a bad state. I was weak and could not sleep. Now I am getting up in years, and of course could not look for immediate results, but must say that I have been delighted with the use of this preparation as it has done me a great deal of good. I am now able to sleep very much better, my nerves are steadier and my strength is gradually increasing."

Mr. J. Robinson, iron moulder, 31 Glasgow street, Guelph, Ont., states:—"My nervous system was in such a state and my hands shook so that I could scarcely hold anything. I also suffered from distressing headaches. The very first box of Dr. Chase's Nerve Food made a wonderful change in my condition. I soon noticed that my hands were steady and did not tremble so, and my whole nervous system seemed toned up. The headaches have entirely left me and I feel real well."

Mrs. D. Stett, Cobourg, Ont., states:—"After recovering from typhoid fever, I was left in a very low state of health, and my system was very much run down. I was very weak and nervous, and in fact was not fit to do any work at all, and began to fear that I was of little use in the world. A friend of mine, Mrs. C. M. Brown, had used Dr. Chase's Nerve Food, and told me that it benefitted her wonderfully. I took courage and began the use of this medicine. After taking the first box I began to feel an improvement in my health, and now, after using four boxes, I am completely cured. I now feel like myself once more, and believe that I can attribute the cure to Dr. Chase's Nerve Food."

There are imitations of Dr. A. W. Chase's Nerve Food. To be sure you are getting the genuine, see portrait and signature of Dr. A. W. Chase on the box you buy.



MR. DURAND.

Weakness and Palpitation of the Heart

Accompanied by a run down system, headaches and dizzy spells—Influence of Dr. Chase's Nerve Food on the heart's action.

Unwearied by the incessant work of forcing the blood through the system, the heart toils on and replenishes its own waste so long as the blood affords it nourishment. It is only when the blood gets thin, weak and watery, that the heart's action falters, and day by day grows weaker and weaker. Most people who are run down in health have more or less trouble with their heart. Not that the heart itself is diseased, but that it is weak in action. Mr. Durand's experience shows the effect of Dr. Chase's Nerve Food on the heart's action. By enriching the blood it strengthens the heart and brings speedy restoration.

MR. CHAS. DURAND, James street, Belleville, Ont., states:—"For some years I have been a victim of nervousness and have suffered from weakness and palpitation of the heart. Along with these complaints I have suffered a lot from headaches and dizzy spells. About six weeks ago I began the use of Dr. Chase's Nerve Food and can now say that my nervous system has been built up, the action of my heart steadied and strengthened and the headaches and dizzy spells have entirely disappeared. I can recommend Dr. Chase's Nerve Food as a very superior medicine."

Locomotor Ataxia

There is no doubt that many people suffer from locomotor ataxia, or paralysis of the nerves controlling the action of the limbs, who do not understand the nature of their ailment and for this reason we mention the principal characteristics.

Like all nervous diseases, locomotor ataxia is gradual in its onset, the patient is usually first aware of a difficulty in walking; he feels as if he had a pad of cloth under his feet or were walking in mud. He raises his feet high up when walking and brings the heel and sole down with a peculiar alapping motion. If he is not careful he will fall when turning corners or going up or down stairs.

A Test.—Stand with feet close together and eyes closed. If you are a victim of locomotor ataxia your body will sway or even topple over.

It is folly to expect a quick cure for locomotor ataxia. It is a form of paralysis and the wasted nerve cells must be re-vitalized. If you are willing to gradually restore the nervous system Dr. Chase's Nerve Food will aid you as will no other treatment yet known to medical science. It cures by enriching the blood and replenishing the nerve force in the body.

There is no such thing as failure known when this great food cure is used for it is

composed of nature's most power, nerve and blood vitalizers and is bound to do you good. The main thing is to be regular and patient in its use, and you will not be disappointed in the results. As the nerve force and vigor is restored to the system you will feel again the vitality and energy which can only accompany health and strength.

Stricken with Paralysis

Mr. James A. Donl, a respected resident of Bridgewater, N.S., writes:—"About a year ago I suffered a stroke of paralysis, which left me in a very bad state of health. To add to my troubles, last winter I took la grippe, which completely exhausted my nervous system. I could scarcely walk or talk, my legs and arms were partially paralyzed, my blood did not circulate properly, and I could not do any work. In fact, I was so bad, that the doctors gave me up and thought I could not live through the summer."

"I began the use of Dr. Chase's Nerve Food, and persevered in the treatment, until now I am at work again. The change in my condition has been most remarkable. It is a surprise to everyone to know that I am able to be around again. My nervous system has been built up wonderfully by this remedy. I am able to rest well, my circulation is normal, and my general health good. My appetite is first-class, and I have gained considerably in flesh."

"The results I have obtained from Dr. Chase's Nerve Food have been most gratifying, and I have no hesitation in stating that I believe I owe my life to this preparation. I am willing that you publish this letter, with the hope that it may be of the means of helping others to regain their health."

Fell Exhausted and Unconscious

Was a mere skeleton of skin and bone, nervous, irritable and weak. Had heart palpitation and suffered dreadful pains.



MRS. EDWARDS.

Mrs. R. W. EDWARDS, 33 Murray street, Brantford, Ont., describes her case as follows:—"For five years I have suffered more than words can tell from nervous headaches, nervous dyspepsia and exhaustion. The pains in my head would at times almost drive me crazy. I could not sleep nights, but would walk the floor in agony until I fell exhausted and unconscious, and my husband would have to carry me back to bed."

"Sometimes I could take no food for four days at a time, and experienced terrible gnawing sensations in the stomach, had bad taste in the mouth and coated tongue. I was pale, nervous, irritable, easily exhausted, was reduced to a mere skeleton of skin and bone, and my heart would palpitate as though it was about to stop beating. My greatest suffering was caused by the dreadful pains in my head, neck, and back, and all this was in spite of the best efforts of three leading doctors of this city."

"For the past nine months I have used Dr. Chase's Nerve Food, and for a considerable time I have not experienced a headache, or any of the symptoms mentioned above. From a mere skeleton this medicine has built me up in flesh and weight, until now I am strong and well, do my own housework, walk out for two hours without feeling tired, and am thoroughly restored to my health. Is it any wonder that words fail to express my gratitude for this remarkable cure? You can use this testimonial for the benefit of other sufferers."

Diseases of Children

Many children are thin and weak from birth up. They do not seem to have any appetite, and are languid, puny and easily tired. Others have lost their health by the ravages of scarlet fever, measles or some of the many ills to which little ones are subject. They do not grow as they should, catch every disease there is going and catch cold at nearly every change of temperature.

Their vitality is low and their little systems have a hard struggle to survive. Experience has proven that no treatment so promptly and thoroughly restores pale, weak, puny children as Dr. Chase's Nerve Food. The action of this great food cure is so gentle and natural that it is admirably suited to the needs of children. For small children half a pill should be given at a dose, and the treatment should be kept up regularly until the child is fully restored to robust health and strength.

Twitching of the Nerves

Mrs. Hurd, 9 Torrance street, Montreal, Que., states:—"My daughter was troubled for a long time with twitching nerves, nervous headaches and frequent attacks of dizziness. Her heart also bothered her, and though she had doctored for her troubles and taken a great deal of medicine, she derived very little, if any, benefit. I heard of the good results obtained from Dr. Chase's Nerve Food and got her a box. Since then she has taken several boxes of this preparation and is now quite

well again. I am more than pleased with the results and can recommend this medicine very highly."

Tired, Languid and Nervous

Mrs. I. Edwards, 14 Winnett street, Woodstock, Ont., and whose husband is employed with the Canada Furniture Co., states:—"My daughter was very much run down in health, felt tired and languid, and was very nervous. She began the use of Dr. Chase's Nerve Food, and now I can say that she is very much better. She has gained in weight, her color has improved, and she seems real strong and well. We have also used Dr. Chase's Ointment in our family and I cannot speak too highly of its curative properties."

Dizziness and Heart Palpitation

Mrs. W. Harden, 99 South John street, Belleville, Ont., states:—"My little girl, Florence, had been troubled with palpitation of the heart, which made her very nervous, affected her general health, and caused her to have frequent attacks of dizziness. Since she has been using Dr. Chase's Nerve Food we can see a great change in her. She has a better color, her health generally is excellent, and her nerves and heart seem to be thoroughly restored. I cannot praise this medicine too highly, as I realize that it has been a great blessing to my child."



MASTER BRISHIN.

This Boy was Weak and Languid

Doctors said he grew too fast—Parents became alarmed and used Dr. Chase's Nerve Food with splendid results.

So mild and gentle in action is Dr. Chase's Nerve Food that it is peculiarly suited for the use of children. Both boys and girls are under a very severe strain during the time that their systems are developing into manhood and womanhood. The tax on the blood and nerves is frequently too great, and some external assistance is necessary. We do not believe that it is possible to secure better treatment at such times than Dr. Chase's Nerve Food, and this belief is backed by the testimony of very many parents who have seen health restored to their children by means of this great restorative.

Mrs. GEORGE F. BRISHIN, Lake street, Peterboro', Ont., states:—"One of my children, a boy of about fifteen years, did not have good health for a year or more. He seemed to have no energy, was weak and languid and suffered from nervousness. The doctors said that he was growing too fast, but we became alarmed about him, and began using Dr. Chase's Nerve Food. It was not long until we noticed a great change in his condition. His appetite improved, he had a better color and soon became stronger and healthier. He is still using the Nerve Food, and we are perfectly confident that he is improving right along under this treatment."

Nervous Dyspepsia

Can Never be Cured by Mere Temporary Aids of Digestion. The Nerves Must be Restored and Filled with Vitalizing Nerve Food

You know that certain drugs, such as pepain and bismuth, bring about artificial digestion, and if you have dyspepsia or indigestion it is possible that, like hosts of others, you have taken these into the stomach hoping that they will take the place of gastric juice and other digestive fluids, digest food and by resting the stomach effect a cure.

Did you ever hear of a bodily organ being strengthened by inactivity? It is to the organ that is exercised that the new, rich blood is conveyed in order to restore the tissues wasted by the functions of that organ, and so the stomach that is given rest does not get stronger, but the gastric juice gradually ceases to flow and you are finally compelled to resort to continual use of artificial digestants.

If instead of these temporary aids you seek permanent cure you must treat the nerves, because, as you will understand by a study of the accompanying cut, it is the nerves that control the glands of the stomach, and only when the supply of nerve force is liberal is digestion rightly performed and the body properly nourished.

Dr. Chase's Nerve Food is no experiment. We recommend it for nervous dyspepsia, because it has actually cured this ailment in scores and hundreds of cases. In this book are some earnest letters from people you may know. Ask them what they think of this great food cure.



Mr. Matthew White, a retired farmer, living at 61 Elgin street, St. Thomas, Ont., states:—"For some years I have suffered more or less from indigestion and nervous dyspepsia, and as a result I have been subject to dizzy spells and discomfort after eating. I got a box of Dr. Chase's Nerve Food, and found that it improved my digestion, steadied my nerves, and made me rest and sleep very much better. I can truthfully recommend the Nerve Food to anyone who suffers from the above ailments."

Mr. A. Laframboise, collector, 143 Kent street, Ottawa, Ont., states:—"For some time I have been a sufferer from an acute form of indigestion. I also have had frequent attacks of headache. As my nerves were quite unsteady I concluded that I needed a nerve tonic, and began using Dr. Chase's Nerve Food. This medicine has proved exactly what I needed, and there has been a marked change in my condition since using it. My nervous system has been toned up, my digestion is good, and I am entirely free from headaches."



MRS. PEACOCK.

An Exhausted Nervous System

Did not sleep well, had frequent dizzy spells and was much run down in health.

Mothers especially value Dr. Chase's Nerve Food very highly because of its wonderful restorative power.

MRS. THOMAS PEACOCK, 23 Hiawatha street, St. Thomas, Ont., and whose husband is conductor on the Wabash Railway, states:—"I was quite run down in health, was very nervous, did not sleep well and had frequent dizzy spells. Believing this to be the result of an exhausted nervous system I began using Dr. Chase's Nerve Food, and can say that this medicine did me a world of good. It entirely freed me of the symptoms stated above, built up my health generally so that to-day I feel that I am quite well again."

Eczema or Salt Rheum

An Itching, Burning, Skin Disease,
which causes most acute suffering

Dr. Chase's Ointment

With Its Magical, Healing, Soothing Influence,
the Most Certain Cure

This ailment is one of the most severe of skin diseases, and besides being very obstinate and difficult to cure, is the cause of much distress and, indeed, keen suffering on account of the dreadful itching and burning sensations.

Eczema may develop on any part of the body, but is most likely to affect the scalp, face, ears and neck, the legs below the knees. In other cases it is scattered over the body, attacking several parts at the same time and is likely to develop into psoriasis or chronic eczema, which seems to fasten itself upon the whole system.

So far as we can learn Dr. Chase's Ointment is the most successful treatment for eczema that has ever been discovered. This we do know for a certainty, that in very many cases which have come under our notice, Dr. Chase's Ointment has effected a cure after all ordinary treatments and even specialists have failed.

Besides being a powerful healer this great ointment is a food for the skin, and when the sores are healed up the skin is left in a soft, smooth and natural condition, perfectly free from scars or marks of any kind.

While using the ointment, the parts affected should be kept perfectly clean by gently bathing them in water. Castile soap is the best to use on account of being pure, and avoid rubbing, as the friction of the towel will set up further irritation.

Do not be afraid to use plenty of Dr. Chase's Ointment, and use it regularly and persistently. In some cases where the flesh is raw and irritable, it will be found advisable to spread the ointment on a clean piece of cotton and apply this to the sore. You need not be surprised if the first few applications of the ointment

cause a little irritation. Some people imagine they are getting worse under these circumstances and discontinue treatment, whereas this effect is necessary in order to kill the disease, and will soon pass off as the healing properties of the ointment make themselves felt.



Eczema or Salt Rheum

Mrs. P. MacMahan, Malpaque Road, Charlotte-town, P.E.I. and whose husband is a painter, states: "A little over a year ago I was afflicted with eczema which distressed me greatly on account of the dreadful itching and burning which it caused. I had tried several salves and ointments for my trouble, but could get no relief till I began using Dr. Chase's Ointment, and it positively cured me."

Tortured for 30 Years By Itching Eczema

Blood Poison developed into Eczema and cure seemed impossible, until Dr. Chase's Ointment was used.

Mr. G. H. McConnell, engineer in Fleury's Foundry, Aurora, Ont., states:—"I believe that Dr. Chase's Ointment is worth its weight in gold. For about thirty years I was troubled with eczema and could not obtain any cure. I was so unfortunate as to have blood poison and this developed into eczema, the most dreadful of skin diseases.

"I was so bad that I would get up at night and scratch myself until the flesh was raw and flaming. The torture I endured is almost beyond description and now I cannot say anything too good for Dr. Chase's Ointment. It has cured me and I recommend it because I know there is nothing so good for itching skin."

Eczema on the Ears

Mr. B. Nicholson, Manor House, Winnipeg, Man., states:—"For several months I had been troubled with eczema on my ears, and for weeks I doctored with a prominent Winnipeg physician, but to no avail. I was induced by a fellow sufferer to try Dr. Chase's Ointment, and am happy to say that the first application gave instant relief. I am completely cured, and have had no return of this troublesome disease."

A Permanent Cure of Eczema

Mr. C. Wiley, who is employed as cooper by the Kennedy & Davis Milling Company, Lindsay, Ont., states:—"I used Dr. Chase's Ointment for eczema on my little girl some few years ago, and soon brought about a thorough and permanent cure. She had suffered for considerable time, and though we tried a great many remedies, Dr. Chase's Ointment was the only preparation to prove effective.

"I cannot speak too highly of Dr. Chase's Ointment, as it certainly effected a prompt and permanent cure in this case."

Blackheads and Pimples

Many a woman who would otherwise be beautiful, has her skin marred by unsightly pimples and blackheads, which, try as she will she cannot remove. Picking or squeezing them out only aggravates them and frequently leaves disfiguring scars.



Dr. Chase's Ointment is a food for the skin and a most remarkable skin beautifier. By applying it at bed time for a few weeks, you can entirely cure yourself of pimples, and the skin will be made wonderfully soft and velvety. This ointment is very pure, fine and pleasant to use, and its benefit to the skin is remarkable.

He Would Scream with Agony

For three years this boy's head was a mass of sores from Eczema of the Scalp.



MASTER SCOTT.

The case of Tom Scott well illustrates the marvellous power of Dr. Chase's Ointment over itching skin disease. His was an unusually severe case, and his suffering very keen and prolonged. Cure seemed impossible, but Dr. Chase's Ointment succeeded and left the skin where the ugly sores had been in its normal condition, smooth and soft.

MR. JAMES SCOTT, 136 Wright avenue, Toronto, states:—"My boy Tom, aged ten, was for nearly three years afflicted with a bad form of eczema of the scalp, which was very unsightly, and resisted all kinds of remedies and doctor's treatment. His head was in a terrible state. We had to keep him from school, and at times his head would bleed, and the child would scream with agony. For two and a half years we battled with it in vain, but at last found a cure in Dr. Chase's Ointment. About fifty it is a pleasure to testify to the wonderful merits of Dr. Chase's Ointment is putting it very mildly."

Dry Tetter or Psoriasis

An annoying disease of the skin which, if neglected, becomes chronic and returns year by year to afflict its victim

This disease is marked by the appearance of scaly white patches, usually circular or oval in shape, and often surrounding a patch of healthy skin. These patches most frequently appear upon the outer surfaces of the elbows or knees, and may spread over the entire body. When they occur on the head they cause annoying dandruff.

Psoriasis or dry tetter differs from eczema in that it rarely causes itching or scratching, and is not moist unless greatly irritated. When scraped with a finger nail to remove the scale, a few bleeding points appear underneath.

This ailment usually appears repeatedly at a certain season of the year, especially in winter, and tends to become chronic. As it is not necessarily caused by a debilitated condition of the system, psoriasis can almost always be cured by Dr. Chase's Ointment.

The diseased parts should be carefully washed with warm water and castile soap, and the scales removed as much as possible before applying the ointment. Dr. Chase's Ointment is so pure and clean, and its effects as a soother and healer of the skin so magical, that you will find it a pleasure to use it. It will positively cure psoriasis

and all similar diseases of the skin. You can form some idea of its wonderful healing power by reading the testimonials in this book.



Dry Tetter or Psoriasis



BABY PROBYN.

Had Eczema from Babyhood

Doctors and Ointments of every description had failed to cure

It seems a shame that so many babies and young children should suffer so much from eczema, scald head and other forms of skin disease, when they could be cured if their parents only knew about Dr. Chase's Ointment.

The worst feature of eczema in children, is that it tends to become chronic and is liable to make a life victim if neglected too long. You can be of invaluable benefit to any suffering from skin disease by recommending this treatment.

MRS. H. E. PROBYN, of Georgeville, Que., writes as follows:—
"Eczema came out on my little boy's face when he was about two month's old, and lasted for about one year, when it was entirely cured by Dr. Chase's Ointment. Though we tried doctors and ointments of every description, it grew worse and spread into his hair and on his body. Then we saw Dr. Chase's Ointment advertised, and resolved to try it. After using one box and a half the eczema entirely disappeared, leaving his skin free from sores and entirely smooth."

The Many Uses of Dr. Chase's Ointment

Because Dr. Chase's Ointment is best known on account of its wonderful control over such distressing ailments as eczema and piles, you must not think that this is all it is good for. On the contrary, it is most prized in the home, because of the score or more of ways in which it is of benefit to every member of the family.

By investigation we have found out that in almost every home where Dr. Chase's Ointment has been introduced, it has been retained as a household necessity—father, mother and children finding it invaluable as a soothing, healing application.

In the summer time there is chafing, irritation of the skin, heat rash, bites of mosquitoes and other insects, stings by bees, poisoned skin, etc., to say nothing of the burns, scalds, wounds and sores which are liable to come at any season.

A common source of suffering in the colder seasons is chilblains, and we feel certain that there is not a single victim of this ailment but would use Dr. Chase's Ointment, if he could but realize the benefit to be obtained from it.

Then to mention more serious forms of skin trouble there is eczema, salt rheum, tetter, scald head, baby eczema, psoriasis, and other forms of skin irritation, inflammation and eruption which defy ordinary lotions and ointments, but are compelled to yield to the magical influence of this greatest of healers—Dr. Chase's Ointment

Dampness Causes Piles

Mr. John Tuttle, expressman, 107 Stewart street, Kingston, Ont., states:—"Like most men who do much driving, sitting a great deal and often exposed to dampness, I have been a great sufferer from piles. As a matter of fact, I had piles for a number of years and tried nearly everything I could think of in a vain effort to get cured, but only succeeded when I used Dr. Chase's Ointment. The first application of this grand preparation brought me relief from the dreadful itching, burning sensation, and less than two boxes made a perfect and permanent cure. I am grateful for the freedom from suffering, and desire others to benefit by my experience with Dr. Chase's Ointment."

Sleepless Nights With Terrible Eczema

Over a dozen remedies tried in vain—Dr. Chase's Ointment Cured

Mrs. Link, 12 Walker street, Halifax, N.S., states:—"After three years of miserable torture and sleepless nights with terrible eczema, and after trying over a dozen remedies without obtaining anything but slight temporary relief, I have been perfectly and entirely cured by using Dr. Chase's Ointment. After the third or fourth application of this grand ointment I obtained relief, and a few boxes were sufficient to make a thorough cure."

"It is six months since I was freed of this wretched skin disease, and as there has been no return of the trouble I consider the cure a permanent one. I would strongly urge anyone suffering as I did to try this ointment, and shall gladly write to any who wish to refer to me for particulars of my case. I was so bad with eczema that I would scratch the sores in my sleep until the blood would flow."

Itching Peculiar to Women

Mrs. B., 16 Clinton street, Toronto, writes:—"Dr. Chase's Ointment has proven a wonderful remedy for me. It is the very best Ointment ever brought before the public for piles and the itching peculiar to women."

A Solid Mass of Scabs

This is a copy of the letter from Mrs. James Bradley, Amberly, Huron Co., Ont.:—"I was afflicted with eczema for over six months, and it was so bad that my head was a solid mass of scabs, and would ulcerate when scratched. The itching was intense. I could not stand it. I had doctored for four months, and it did not do me any good. I had to give up housework and go home to my mother. I tried nearly everything, but could get no relief. Seeing your advertisement in the Toronto papers, I decided to try Dr. Chase's Ointment."

"I got relief from the first application, and it only required one box and part of another to cure me. I am sure that Dr. Chase's Ointment is worth its weight in gold."

Soldiers in Camp

Ex-Sergeant Wm. Johnston, of the 10th Royal Grenadiers, Toronto, writes:—"It is impossible for me to speak too highly of Dr. Chase's Ointment for piles or any itching skin disease. It is simply invaluable. Many of our men used it while in camp and received excellent results." Members of the Canadian contingents took 1,000 boxes of Dr. Chase's Ointment with them to South Africa to relieve the sufferings of campaigning life.

Piles or Hemorrhoids

Torture many people who do not understand their ailment and hesitate to undergo a local examination

**Three kinds, Itching, Bleeding and Protruding—
All cause greatest misery**

Piles, or hemorrhoids, are small tumors which form in and about the orifice of the rectum. They are caused by an enlarged and inflamed condition of the veins, which are very numerous in this portion of the body. Internal piles are situated along the veins which carry blood from the intestines to the liver; External piles, on the veins which surround the mouth of the rectum.

Piles are of frequent occurrence among people who have a predisposition to rheumatism or gout. Such persons are subject to constipation, and to obstruction in the passage of blood from the intestines, the most common cause of piles. Congestion of the rectum, bladder and uterine organs, ovarian tumors, and nearly all diseases of the liver are followed by piles, and they are very common during pregnancy and immediately after child-birth.

Piles may be acute or chronic, and once they reach the latter stage are likely to last through life, unless they receive active and effective treatment.

In bleeding piles the hemorrhage is sometimes so profuse as to cause death.

Protruding piles are probably most dreaded, because it is commonly believed that a surgical operation is the only means of cure. As a rule piles become at times acutely inflamed and intensely painful. The itching and burning usually increases at night, and the misery which many people endure is beyond description.

There is only one absolute and guaranteed cure for every form of piles, and that is Dr. Chase's Ointment. It is a prompt relief and permanent cure for this distressing ailment, as you will learn from the testimonial letters in this book.



MR. MCLEAN.

A Frightful Case of Protruding Piles

MR. ALEX. MCLEAN, Tarbot Vale, N.S., writes:—"For two years I worked as sectionman on the Dominion Coal Company's Railroad between Sydney and Glace Bay, N.S., and during that time was exposed to all sorts of weather. Gradually my health failed and I became a victim of protruding piles. At first I did not know what my ailment was, but consulted a doctor, and, though he treated me for piles, they only grew worse.

"I was forced to give up work and return to my home. My suffering could scarcely be described. I could not walk or lie down, but while the rest of the family were sleeping I would be groaning and aching from the excruciating pains.

"Again I decided to consult a doctor. This one stripped me and said the piles would have to be burned with a red hot iron. I shivered at the thought of burning the flesh and told him I could not think of undergoing such an operation, so he gave me some salve, for which he charged me two dollars, but it did not do me any good.

"I was in a desperate condition and had about given up hope of ever being freed from this dreadful suffering when a friend told me about Dr. Chase's Ointment. He said he had seen so many cases that it had cured that he would pay for it himself if it failed to cure.

"My experience with Dr. Chase's Ointment is that the first application did me more good than did the two doctors, and it has made me as well and as free from piles as any man. Since being cured I worked during the winter in the lumber woods and experienced no return of my old trouble. I am not putting it too strong when I say that Dr. Chase's Ointment was worth one hundred dollars a box to me. You are free to use my testimonial for the benefit of others, as I feel it my duty to make known this great ointment."

To Cure Piles

Judging from the unqualified commendation which Dr. Chase's Ointment receives from the best people in the land, there can be no doubt whatever that it possesses most extraordinary merit and stands pre-eminent as the only actual and absolute cure for this wretched disease. Even your family physician will tell you in confidence that there is no better treatment for piles known to the medical profession.

Dr. Chase's Ointment has a wonderfully soothing and healing effect, and wherever applied to burning, itching and inflamed skin it affords almost instant relief, cooling the fires of disease and healing the raw, ulcerous skin. It is antiseptic and cleansing, and these features, combined with its marvellous curative qualities, go to make it the most successful ointment that the world has ever known.

The magical power which Dr. Chase's Ointment has over each and every kind of piles gives it mastery over this disease even in its chronic form, and it is not at all unusual to hear of this preparation curing where cruel, expensive and dangerous operations have failed. Words completely fail to express the admiration which scores of thousands of people feel for Dr. Chase's Ointment. Read the testimonials in this book, then try Dr. Chase's Ointment, and you will be certain to find yourself enthusiastic in its praises.

Saved From a Painful Operation

Rev. S. A. Duprau, Methodist Minister, Consecon, Prince Edward County, Ont., states:—"I was troubled with itching and bleeding piles for years, and they ultimately attained to a very violent form. Large lumps or abscesses formed so that it was with great difficulty and considerable pain that I was able to stool. At this severe crisis I purchased a box of Dr. Chase's Ointment, but I had little or no faith in it, as I had tried various remedies before and to no purpose.

"Now, imagine how great and joyous was my surprise to find that just the one box cured me, so that the lumps disappeared and also the external swelling. I feel like a different man to-day and have not the least doubt that Dr. Chase's Ointment saved me from a very dangerous and painful operation and many years of suffering. It is with the greatest pleasure and with a thankful heart that I give this testimonial, knowing that Dr. Chase's Ointment has done so much for me. You are at perfect liberty to use this testimonial as you see fit for the benefit of others similarly afflicted."

Operations for Piles

Doctors hasten to use the knife when safer, less painful and less expensive means are at hand

In this age of marvellous advancement in surgical science and skill, doctors seem to have a mania for using the knife. Their interest in science and sometimes, possibly, in the profits it yields, leads them to recommend an operation time and again when more pacific and less expensive and dangerous methods could be employed. It is surprising how frequently operations for piles are advocated even at the present day, when doctors must know that any form of piles can be cured painlessly and at small expense by the use of Dr. Chase's Ointment.

Take for example the case of Rev. S. A. Duprau, of Consecon, Ont., whose testimonial you will find in another column. He was cured when doctors considered that nothing but a surgical operation would ever cure him. There are hosts of such cases in all parts of the country. Probably some of your own friends or neighbors have had similar experience. Ask them. Nine persons out of every ten can tell you of some case in which Dr. Chase's Ointment has worked wonders.

Entirely Cured of Piles

Mr. Frank Hill, Orillia, Ont., states:—"My wife has used Dr. Chase's Ointment for itching piles, and I can say that it has entirely cured her. She used altogether about four boxes and considers it an excellent remedy, as she had used many preparations in vain before beginning to use it. We can recommend Dr. Chase's Ointment very highly because we have proven it to be a thorough cure."

Piles—Of the Worst Kind

Mr. A. W. Jones, 24 First avenue, Toronto, states:—"I cannot say anything too good of Dr. Chase's Ointment as a cure for piles. I have personally proven it to be superior in every way to any ointment I ever received at hospitals or from doctors. I had itching piles of the worst kind for years, and tried all manner of treatments. To one doctor I paid four dollars a week for special treatment, and had to quit him in as bad condition as when I began. I am now entirely free of that tormenting complaint, and give all the credit to Dr. Chase's Ointment."

Cured of Piles

A FEW OF THE THOUSANDS OF LETTERS WE HAVE WHICH TELL OF KEEN DISTRESS FROM THIS MOST TORTURING DISEASE

Dr. Chase's Ointment

Still stands alone as the only actual and guaranteed cure for Piles

Twenty Years of Itching Piles

Mr. Alex. McLaughlin, for thirty years a resident of Bowmanville, Ont., writes:—"For twenty long years I suffered from itching piles, and only persons who have been troubled with that annoying disease can imagine what I endured during that time. About seven years ago I asked a druggist if he had anything to cure me. He said that Dr. Chase's Ointment was most favorably spoken of, and on his recommendation I took a box.

"After three applications I felt better, and by the time I had used one box I was on a fair way to recovery. I continued the treatment until thoroughly cured, and I have not suffered any since. I am firmly convinced that the ointment made a perfect cure.

"I consider Dr. Chase's Ointment an invaluable treatment for piles. In my case I think the cure was remarkable when you consider that I am getting up in years, and had been so long a sufferer from this disease."

Could Not Get Relief

Mr. James Elliott, Gananoque, Ont., states:—"My wife was greatly troubled with piles, and put in an awful time of it. She could not get relief from the terrible itching and burning sensations. I bought a box of Dr. Chase's Ointment, and on the first application she obtained relief. After using the one box she was cured of piles, and I can fully and heartily recommend Dr. Chase's Ointment to all who suffer from piles."

Suffered Agony With Piles

Mrs. W. E. Jeffries, 44 Hicks avenue, Kingston, Ont., states:—"I suffered agony with itching piles. In fact, I don't believe that any person who has not had piles can realize what I have endured. I had tried many remedies and almost despaired of ever being cured, when my husband brought me a box of Dr. Chase's Ointment. The first application brought relief, and after using half a box I can truthfully say that I was entirely cured. I give this recommendation in hope that it will be the means of bringing comfort and cure to other women suffering as I did."

Permanent Cure of Inward Piles

Mrs. Jane R. Scott, North Grenville, Cumberland Co., N.S., writes:—"Last spring I obtained from you a box of Dr. Chase's Ointment and used it for inward piles. It gave me almost instant relief from the torturing, itching and burning, and as the trouble has never returned I consider the cure a permanent one. You may use this statement for the benefit of others."

Blind, Itching Piles for 15 Years

Mr. W. D. Thornton, blacksmith, Calgary, N.W.T., states:—"For fifteen years I suffered untold agony from blind, itching piles, and can honestly say that I have spent \$1,000 trying different so-called cures, and have been under treatment with well known physicians in Orillia, Peterboro and Lakefield. I had fifteen tumors removed, but obtained no positive cure.

"I have suffered more than I can tell, but can now say that, thanks to Dr. Chase's Ointment, I am positively cured, and by one and a half boxes. I consider this standard ointment worth its weight in gold."

Bleeding Piles

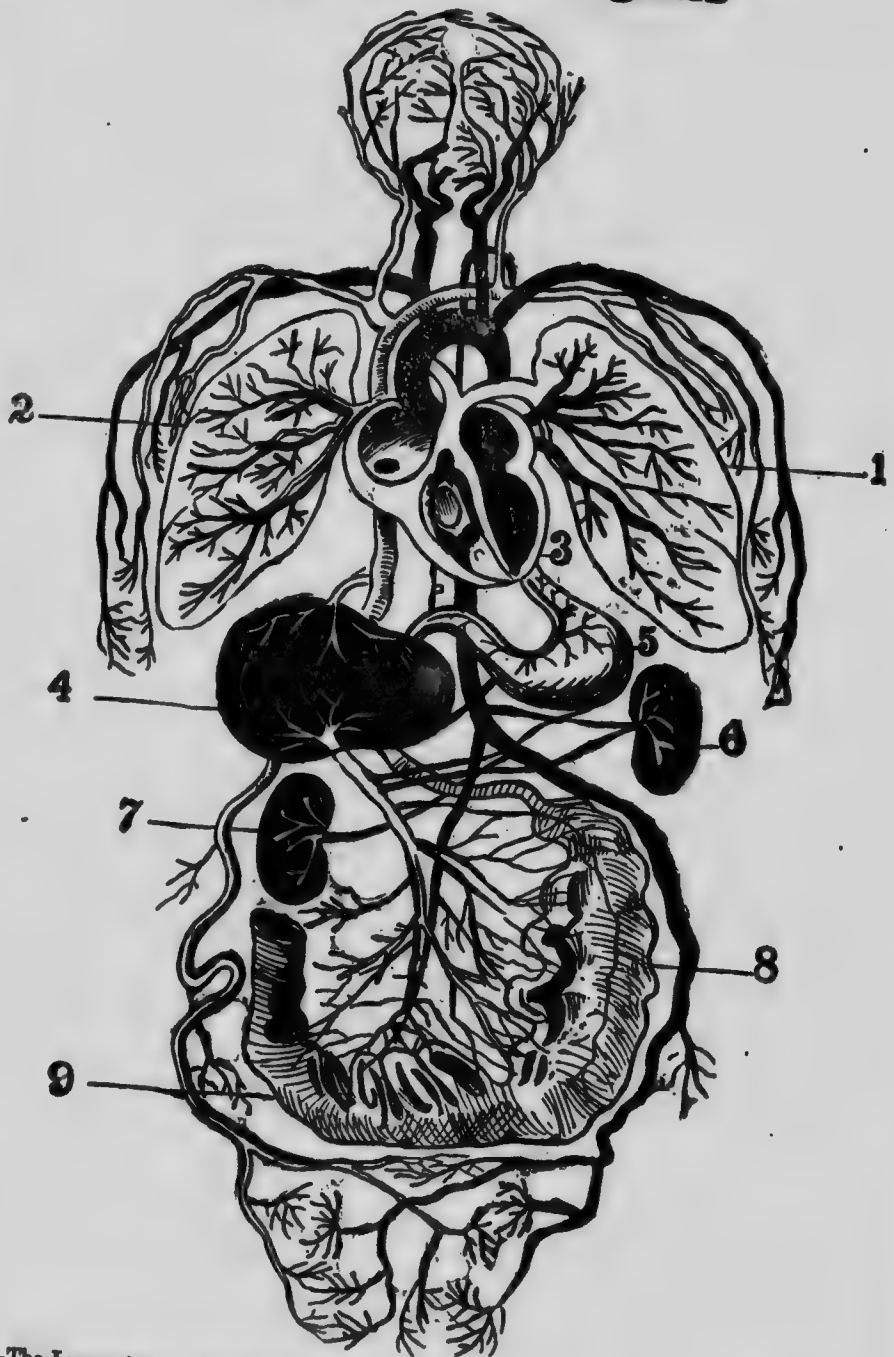
Mr. Jas. Jackson, of the Laurie Spool Company, St. Alexis de Monte, Que., writes:—"You may put my name to any praise you can give to Dr. Chase's Ointment, for it has done me more good than any medicine I ever used.

"I was troubled for two years with that cruel disease, bleeding piles, and after using Dr. Chase's Ointment, I can say I am entirely rid of it. It is a treasure to all suffering from piles."

Prompt Relief from Misery

Mr. H. Kelly, Cobourg, Ont., states:—"I have used Dr. Chase's Ointment for itching piles, and can truthfully say that it has entirely cured me. Only persons who have endured the torture of itching piles can have any idea of what I suffered. Dr. Chase's Ointment brought me prompt relief from the misery, and has made a thorough cure. I am thankful for this remedy, because it has made life worth living. I cannot say enough in recommendation of Dr. Chase's Ointment."

The Vital Organs



1 and 2—The Lungs, into which air is breathed to oxygenise the blood. 3—The Heart, which forces the blood through the body. 4—The Liver, which filters bile from the blood. 5—The Stomach, where the greater part of digestion takes place. 6 and 7—The Kidneys, which remove waste matter from the blood. 8 and 9—The large Intestine, in which digestion is completed.

Diseases of the Liver

As you see by the illustration on the opposite page the liver is the largest organ in the human body. It is also one of the most important of the vital organs, and on account of its controlling influence is frequently called by physicians the governor of the body. Once the liver fails to filter the poisonous bile from the blood, there is a clogging and poisoning of the whole systems of circulation and digestion, and consequently upon the liver, more than upon any other organ of the body, depends the general health. The more fully you realize the importance of the liver, the more you will appreciate the far reaching effects of Dr. Chase's Liver Cure.

Dr. Chase's Liver Cure is not recommended as a cure for any disease that is not the direct result of a disordered liver. If, however, your liver is sluggish or defective, if you have a yellow complexion, pain in the shoulder, oppression about the stomach, bitter taste in the mouth, sick headache, liver spots, cold hands or feet, irregular bowels, or depressed spirits, Dr. Chase's Liver Cure will perfectly regulate the liver and thoroughly cure you.

From thousands of testimonials on file the following are selected as examples of what people say about Dr. Chase's Liver Cure.

Torpid Liver

Miss Mary D. Tapley, Lakeville, N.B., states:—"For about eighteen years I suffered with torpid liver which resulted in general debility and extreme weakness. My doctor said I could not live for six months. I was advised to try Dr. Chase's Liver Cure, and did so because it is one of the few medicines which is advertised that is not claimed to be a cure for everything. Several bottles taken during the last few months have restored me to health and strength, and I take great pleasure in testifying to its sterling character. People around here consider my case a miracle, as when I took bad I would lie like a corpse for days at a time."

Biliousness

Mrs. H. S. Moar, Montague Bridge, P.E.I., writes:—"I have used Dr. Chase's Liver Cure and five or six boxes of his Kidney-Liver Pills, and can say that this is the only treatment that I ever got to do me any good. For eight or ten years I was a terrible sufferer from biliousness and liver trouble, and though I went to a doctor until I was tired and discouraged he could not do me any good. I can truthfully say that I believe Dr. Chase's Liver Cure has saved my life. I found it a little strong at first but was very glad to get a cure."

Dr. Chase's Liver Cure

Is sold in a large bottle containing 100 doses for 50 cents. As an invigorating and regulating medicine for the liver it is unapproached. At all dealers, or Edmanson, Bates & Co., Toronto. Owing to the large size of this bottle Dr. Chase's Liver Cure cannot be sent by mail. It will be sent by express, at your expense, or your dealer will get it for you if you insist.

Dr. Chase's Syrup of Linseed and Turpentine

Has enormous sales and has been largely imitated, but never successfully rivalled as a

Treatment for Throat and Lungs

There is no guesswork about the virtues of Dr. Chase's Syrup of Linseed and Turpentine. It has been before the people too long, and withstood too many a battle brunt from aspiring rivals, to be considered an experiment of unknown value.

Year by year, as the fall and winter seasons come and go, the sale of Dr. Chase's Syrup of Linseed and Turpentine increases steadily and certainly. It has proven its remarkable value, won its laurels and continues to lead the van as the most popular and most largely used cough and cold medicine of this country.

Children especially are fond of Dr. Chase's Syrup of Linseed and Turpentine, because it is sweet and pleasant to the taste, and quickly relieves and cures them when gasping for breath with choked-up air passages, or tearing the linings of the throat and bronchial tubes with a severe and painful cough.

Bronchitis, whooping cough, croup, sore throat, severe chest colds and painful

coughs are relieved and cured promptly and thoroughly by this famous preparation. It also frees the asthma sufferer from the dreadful paroxysms which cause him such keen agony and cures asthma, as has been proven in a hundred cases.

Dr. Chase's Syrup of Linseed and Turpentine aids expectoration, clears the throat and air passages, soothes and heals the inflamed linings of the bronchial tubes, and cures coughs of every description. But it is far more than a mere cough cure, for its action is far-reaching and it thoroughly removes the cold as well.

You cannot compare Dr. Chase's Syrup of Linseed and Turpentine with any remedy you ever used. It is unique as a treatment for throat and lung troubles. There are other preparations of linseed and turpentine put up in imitation of Dr. Chase's, and it is therefore important that you be careful when buying, and be sure that the wrapper bears the portrait and signature of Dr. A. W. Chase, the famous Receipt Book author.



BABY ELLEN.

Had Bronchitis from Infancy

The least cold would bring on an attack, and we could get nothing to help him.

Parents whose children are subject to bronchitis, croup, and severe coughs and colds, will read with interest this letter from Mrs. Her, whose boy was cured of chronic bronchitis by using Dr. Chase's Syrup of Linseed and Turpentine.

Mrs. EUGENE LEE, King street, Truro, N.S., states:—"From an infant one of my children was troubled with bronchitis, and the least cold would aggravate the trouble. We could not get anything to help him and were often greatly alarmed. Hearing of Dr. Chase's Syrup of Linseed and Turpentine as a treatment for bronchitis we used it, and effected a complete cure. If any of the children take a cold or cough I give this medicine, and have never known it to fail to bring relief.

"I was troubled a great deal from sick headaches caused by indigestion, and was cured by Dr. Chase's Kidney-Liver Pills. I have great faith in Dr. Chase's Remedies and can recommend them to others."

The Lungs



The above cut is a good representation of the lungs in the latter stages of consumption. As consumption advances portions of the lungs are destroyed, leaving hollow spaces, called cavities. Except when consumption follows pneumonia, cavities usually form at the top of the lung first. A, shows a cavity partly filled with pus; B, a cavity entirely empty and dry; C, pus in bottom of cavity; D, D shows small cavities in the apex of each lung; E, E, small cavities at the base of each lung; F, F, healthy lung and bronchial tubes.

Great Pains in the Chest

Mr. John Clark, coachman, Port Hope, Ont., states:—"Being exposed to all sorts of weather I frequently catch cold. Last winter I was so bad with a cold that I could not speak above a whisper and had great pains in the chest. At last I feared it would develop into consumption if I did not succeed in getting proper treatment.

"A friend advised me to use Dr. Chase's Syrup of Linseed and Turpentine and I began to improve before I had taken half a bottle. One bottle cured my cold which I believe would have proven very serious if I had not used this medicine."

Severe Cold and Bad Cough

Mrs. J. W. Lloyd, Albion street, Belleville, Ont., states:—"In the beginning of last winter I took a very severe cold accompanied with a bad cough and was almost laid up for a time. I tried several remedies but with indifferent results. On the advice of a friend I got a bottle of Dr. Chase's Syrup of Linseed and Turpentine and found that it relieved the cough at once. By the time I had taken the one bottle my cold was gone and I can truthfully recommend it as a splendid remedy for coughs and colds."

Consumption

In an interesting case recently tried in Detroit, Mich., leading physicians and expert bacteriologists were called to testify regarding consumption as a dangerous disease. Witnesses agreed that consumption is the most prevalent and most fatal of diseases, one-seventh to one-fifth of all deaths being caused by it. While agreeing that consumption is dangerous and communicable, the witnesses also showed that from 60 to 65 per cent. of consumptives recover.

The only way that consumption can be actually cured is by increasing the vitality of the body and building up the nerves and tissues wasted by disease. However slight the improvement at first, cure is sure to result so long as the vigor of the body is daily increased instead of depleted. The most effectual method of accomplishing this result is by means of iron and certain restoratives, which are combined in exactly the right proportions in Dr. Chase's Nerve Food.

The medical profession cannot devise a more beneficial treatment for consumptives than Dr. Chase's Nerve Food. Anyone who has ever used it to restore a weakened and debilitated body to vigor and health will gladly testify to this fact. Though really wonderful in its upbuilding effects, a few doses of Dr. Chase's Nerve Food may not do you much good. Regular and persistent use of this great food cure is certain to help the victim of consumption, because it restores vitality to the body.

Along with Dr. Chase's Nerve Food you should use Dr. Chase's Syrup of Linseed and Turpentine in order to give relief from the cough and to aid expectoration. It is not claimed that Dr. Chase's Syrup of Linseed and Turpentine will cure consumption except in the early stages, but will certainly prevent this ailment getting a foothold when used in time, and in any stage of the disease will afford solace and comfort to the patient. We believe the combined use of these remedies to be an excellent treatment for consumption, and would strongly recommend you to try them.

Chosen From A Multitude

The Preference Shown by Thinking People
for Dr. Chase's Syrup of Linseed
and Turpentine

Considering the large number of remedies for coughs and colds that are now offered to the public, and in view of the fact that nearly every druggist has a preparation of his own which he makes an effort to substitute for the medicine asked for, it seems truly remarkable that the demand for Dr. Chase's Syrup of Linseed and Turpentine should increase by such leaps and bounds.

Thinking people recognize the harmfulness and danger of using strong drugs which are said to cure a cold in a few hours. They prefer to cling to Dr. Chase's Syrup of Linseed and Turpentine, which they know beyond a doubt to be a thorough and effective treatment for coughs, colds, croup, bronchitis, whooping cough, throat irritation, asthma and even consumption itself.

The combination of linseed and turpentine, with half a dozen other ingredients of equal value for treating colds, in such proportions as they are found in Dr. Chase's Syrup of Linseed and Turpentine, has proven to be a perfect protection against such developments as pneumonia, consumption, and serious lung troubles. You can with certainty rely on this preparation to afford prompt relief and perfect cure.

Do you suppose that the sale of Dr. Chase's Syrup of Linseed and Turpentine would be more than three times that of any similar preparation if it was not the most effective remedy that money can buy? It has stood the test and proven itself worthy of the confidence that is placed in it.

Mr. W. Stafford, 88 Brussels St., St. John, N.B., states:—"I have used Dr. Chase's Syrup of Linseed and Turpentine for coughs and colds, and do not think there is a better remedy known than this. It seems to go directly to the diseased parts and brings relief at once. I have such faith in this remedy and Dr. Chase's Kidney-Liver Pills, that we always keep both these preparations in the house."

This Treatment Cures Asthma

The symptoms of Asthma are keenly distressing and are not easily confused with those of any other ailment. The victim is suddenly aroused by an intense anguish in the chest, the breathing is accompanied with a loud wheezing, the face becomes flushed and bathed in perspiration, he gasps for air, believing for hours that each moment may be his last, the patient usually falls asleep to arise next day, weak, languid and debilitated.

Dr. Chase's Treatment for Asthma consists in the combined use of two of his remedies, Dr. Chase's Syrup of Linseed and Turpentine and Dr. Chase's Nerve Food. Asthma is a nervous disease and the attacks are brought on by some irritation of the nerves along the air passages. These nerves are soothed and quieted and immediate relief afforded to the patient by the use of Dr. Chase's Syrup of Linseed and Turpentine. In fact Asthma is frequently thoroughly cured by the use of this treatment alone as is evidenced by the testimonial quoted below.

In most cases however it is found advisable to combine the two remedies, Dr. Chase's Syrup of Linseed and Turpentine and Dr. Chase's Nerve Food. The former is a local treatment acting directly on the bronchial tubes and air passages, and the latter is a nerve restorative to build up and strengthen the whole nervous system.

Mrs. George Budden, Putnamville, Ont., says—"I feel it my duty to recommend Dr. Chase's Syrup of Linseed and Turpentine, as I had the asthma very bad; could get nothing to do me any good. A friend of mine persuaded me to try this remedy, as he had tried it and it proved successful. I tried it and it cured me. I am thankful to-day to say I am a well woman through the use of this remedy. I keep it in the house all the time and would not be without it."

Sore Throat

Mr. J. Starr, 26 Scollard Street, Toronto, says—"To my mind, as a cure for sore throat, Dr. Chase's Syrup of Linseed and Turpentine cannot be beat. Both my wife and self had had sore throats when I procured a bottle of the Syrup. It cured us both. It has wonderful healing power."

Catarrh

An insidious and frightfully common ailment, which leads to Consumption and serious Lung Diseases

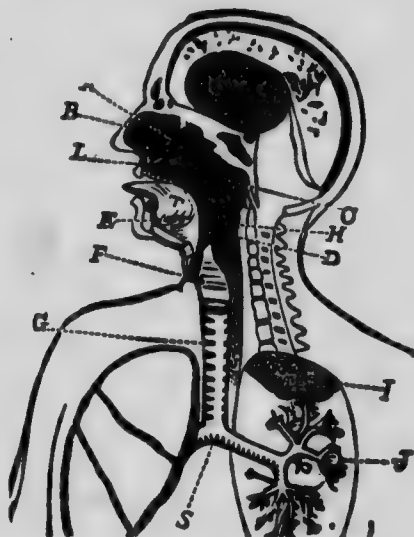
Catarrh is in reality an inflammation. The blood vessels of the parts affected increase in size, there is an unusual flow of liquid and a casting off of some part of the membrane itself, causing a thick, ropy discharge. The cause of catarrh is usually exposure to cold or sudden change of temperature and the inflammation set up may attack the membranous lining of any part of the body. With some it is the nose, or throat and with others it is the lungs, stomach, liver or kidneys that become diseased.

On account of being more readily exposed to cold, the nose and throat are usually the points where catarrh has its beginnings. The inflammation set up in these organs follows the membranous lining into the lungs or stomach, where it becomes known as consumption and catarrh of the stomach or it may continue its course until the liver, kidneys and intestines are inflamed and diseased.

If people could but realize the proportion of cases of catarrh that eventually lead to consumption, there would be less neglect of this insidious and treacherous disease. True, it begins with a mere cold in the head, and although frightfully common in this cold, Northern climate, is undoubtedly the cause of a surprising number of deaths. It is folly to talk of reducing the death rate from consumption, so long as catarrh, the starting point of consumption, is neglected.

Any case of catarrh can be cured if taken early enough by the regular use of Dr. Chase's Catarrh Cure. When the disease becomes chronic, has permeated the whole system, and weakened and debilitated the body, this preparation used along with Dr. Chase's Nerve Food, forms a treatment of unparalleled merit.

Dr. Chase's Catarrh Cure has been endorsed by thousands of people who have tested its worth. You will find here a few samples of the letters we receive.



A.—Posterior Nares, where catarrh begins, causing running at the nose, sneezing and headache. B.—Nasal Duct, through which the eyes are affected and made red, weak and watery. C.—Throat, where mucous drops. H.—Oesophagus, through which mucous droppings pass to the stomach and cause catarrh of the stomach, sickness, vomiting and loss of appetite. F. and G.—Larynx, when catarrh follows the membranous lining into the lungs and develops into consumption.

Symptoms

Sneezing.
Hawking and spitting.
Droppings in the throat.
Difficult breathing.
Hoarseness.
Deafness.
Running at the nose.
Offensive breath.
Watery eyes.
Redness of the nose.
General weakness and debility.
Headache.
Noises in the ears.
Stomach derangements.
Stuffed up air passages.

Cold in the Head

No one likes to believe that he has catarrh, and many try to deceive themselves by calling it "cold in the head." Even after the disease has run on for years and is fastening itself on the system, they say it is only a "cold in the head" and will wear away.

But catarrh does not wear away. It slowly but certainly makes its way along the mucous linings of the throat and air passages, until it reaches the lungs and becomes consumption.

You may deceive yourself by calling catarrh "cold in the head," but that does not make the disease less dangerous; nor does it deceive those with whom you come in contact. They detect the offensive breath, the watery eyes, the redness of the nose. Their attention is attracted by the hawking and spitting to clean the droppings from the throat, by running of the nose and by the emaciated appearance of one who has long been a victim of weakening and debilitating catarrh.

Whether you have "cold in the head" of a few days standing, or catarrh which has troubled you for years, Dr. Chase's Catarrh Cure will bring you relief almost instantly. It is wonderful how promptly this preparation clears the air passages, heals the catarrhal ulcers, and cures headache and other symptoms of catarrh.

Droppings in the Throat

One of the distinguishing features of catarrh is droppings in the throat. Especially during the night is this symptom noticeable, and in the mornings there is a great deal of hawking and spitting to clear the throat of the matter which collects there.

Dr. Chase's Catarrh Cure entirely overcomes droppings in the throat, just as it does headache, bad breath and all the distressing features of catarrh. This treatment is popular because of the quickness with which it brings relief, and as you will learn by reading the certificate of Analyst Heys, it is absolutely free from any injurious ingredients.

Hay Fever

Though simple in name this ailment, which is very similar to catarrh, causes keen distress to many thousands of people during the summer and fall months, when the pollen of grasses and grains floating in the air sets up an inflammation of the upper air passages.

The first symptom is usually itching of the nose, throat and eyes, followed by running of water from these parts and violent sneezing. The lining of the nose sometimes becomes so swollen that the sufferer can only breathe through the mouth. Meantime the discharge becomes thick and yellowish, and may be streaked with blood. A sense of heat and fullness is felt in the eyes and nose and sharp pains through the head. In some cases there is hoarseness, coughing and difficult breathing, similar to that of asthma.

Dr. Chase's Catarrh Cure has proven itself invaluable to sufferers from hay fever. A great many who formerly found it necessary to go to a different climate in the summer, now remain at home and find prompt relief in the use of Dr. Chase's Catarrh Cure. Like catarrh, hay fever when once become chronic, weakens the whole system, and consequently in severe cases of long standing, Dr. Chase's Nerve Food should be used along with Dr. Chase's Catarrh Cure, in order to restore the body to its usual health and vigor.

Miss Angeline Bauffard, teacher, St. Joseph de Beauce, Que., writes:—"Dr. Chase's Catarrh Cure has proved a great benefit to me. I had bad breath and my head was choked and frequently ached. These distressing symptoms of Catarrh have entirely disappeared and I can fully recommend Dr. Chase's Catarrh Cure as an excellent remedy."

The Blower



This cut represents the improved blower which is given free with every box of Dr. Chase's Catarrh Cure. It sends the medicine with its cleansing, healing and soothing influence to the very seat of disease, clears the air passages, heals the ulcers and absolutely cures the catarrh.

Dr. Chase's Catarrh Cure

The ideal treatment for Catarrh, Hay Fever, and all the distressing symptoms which accompany these diseases of the air passages

There are two important points in which Dr. Chase's Catarrh Cure differs from all other treatments for this insidious and treacherous disease. In the first place it is wonderfully quick in clearing the air passages of the head and relieving the pressure that causes headache and a stuffed up feeling. Secondly, Dr. Chase's Catarrh Cure is perfectly free from cocaine and all other dangerous and harmful drugs as is proven by the certificate of Dominion Analyst Thomas Heys which appears in another column.

Not only is the action of Dr. Chase's Catarrh Cure cleansing and antiseptic, but also healing and curative in a remarkable degree. By means of the improved blower the remedy is sent directly to the seat of the disease in such a way as it is impos-

sible to send liquid preparations. It heals the ulcers on the membranous linings of the nose and throat, stops droppings into the throat and gradually and certainly cures catarrh.

You need not fear to use Dr. Chase's Catarrh Cure just as often as you feel the need of it. At first it may seem a little strong and burning, but it will not injure the most tender linings of the internal organs. It can be used for children as well as grown people and is certain to prove beneficial whether for cold in the head or chronic catarrh. If you are skeptical and not inclined to believe even after reading these grateful letters from cured ones, the first application of Dr. Chase's Catarrh Cure will convince you that it possesses most remarkable curative value.

Ten Years of Catarrh Cured by Six Boxes

Larry Watson, Brockville, Ont., writes:—"I had Catarrh for about ten years and could not get relief from anything until about a year ago I saw Dr. Chase's Catarrh Cure advertised and began to use it. The first box proved very helpful to me and after having taken six boxes I can truthfully say that I am perfectly cured."

"I always recall" and Dr. Chase's Catarrh Cure as a sure cure for this troublesome disease and I believe that it is the only actual cure for Catarrh that is on the market to-day. I do not know what I should have done had it not been for Dr. Chase's Catarrh Cure.

Droppings in the Throat

Mr. James Kennedy, an old and esteemed resident at 101 Nassau St., Toronto, states:—"I have been troubled with catarrh of the nose and throat for several years, which would not yield to any of the many treatments I have tried. I heard Dr. Chase's Catarrh Cure highly spoken of and began to use it. I can now testify to its great merits as 'the only remedy' for, since using it, the distressing hacking has left me, the running at the nose has ceased, and I am not now troubled with any droppings in the throat as formerly. I feel better in every way, and can, without the slightest hesitation, recommend Dr. Chase's Catarrh Cure to be what its name implies—a cure."

Catarrh of Nose, Throat and Stomach

Mr. Oswald Burkhardt, shoemaker, 159 Portland Street, Toronto, says:—"I can add a few words of praise to Dr. Chase's Catarrh Cure for personal benefits received, and gladly do so. For nine years I have been a sufferer from Catarrh in the nose, throat and stomach, with little hope of even temporary relief. I tried remedies of all kinds, and doctored until I became a poor man. I was recommended to try Dr. Chase's Catarrh Cure, and since doing so, conditions have much changed with me, and I can declare right here that Dr. Chase's Catarrh Cure is the only remedy that has ever been able to reach my disease and do me good. Before using it I was in a state of misery, but now I can work with some pleasure and am wonderfully improved. I recommend it, fearless of contradiction, as the best catarrh remedy before the public."

Cured of Nasal Catarrh

Mr. W. S. Martin, Leading Tickles, District or Twillingate, Nfld., states:—"I recommend Dr. Chase's Catarrh Cure because it is the best medicine for catarrh in the head that I have ever been able to obtain. I was troubled with this affliction and tried several medicines for it all to no avail until I ran across Dr. Chase's Catarrh Cure at a drug store. I have used two boxes and feel quite cured."

"I have also used Dr. Chase's Ointment and consider it the best ointment made for what it is recommended for."

Dangerous Drug Habit

The frightful injury done by Cocaine, which many learn to use by getting it in
Catarrh Remedies

As a destroyer of mind and body there is probably no drug more effective than cocaine. When morphine and opium have ceased to have any influence on the brain and nervous system, cocaine is resorted to, and in all large cities are found dens and drug stores where cocaine fiends are supplied with the drug that eats out their life and makes them wrecks—mental, moral and physical wrecks.

Strange to say the cocaine habit is most frequently formed by using catarrh remedies containing this deadly drug. Gradually the desire for cocaine grows on a person until he can scarcely live without it and would sacrifice family, home and friends to obtain it. On account of the frightful effects of this ingredient nine-tenths of the catarrh remedies are prohibited from entering Ohio and several other States of the Union.

Dr. Chase's Catarrh Cure is the most successful remedy for catarrh ever offered for sale, but it does not contain a single grain of cocaine or any injurious drug, as is evidenced by the following certificate of purity from Dominion Analyst Heys, of Toronto:—

"I have made an examination of Dr. A. W. Chase's Catarrh Cure for Cocaine and any of its compounds, from samples purchased in the open market, and find none present."

(Signed) **THOMAS HEYS,**
Analytical Chemist, Toronto.

SPECIAL NOTICE

If on account of exposure to dampness, or other causes not under our control, any of Dr. Chase's remedies reach you in a damaged condition, you will confer a favor by returning same to our offices, when we shall gladly replace them at our expense with similar goods in proper condition.

WARNING

There are imitations of Dr. Chase's Remedies, but every box of the genuine bears portrait and signature of Dr. A. W. Chase, the famous author of Dr. Chase's Receipt Book. Look for these on the box you buy.

Write our Doctor

His advice is free to all who send for Symptom Blank and fill it out

If you are not well and desire to find out exactly what your ailment is, send to us for symptom blank, fill it out and get our doctor's opinion. He will tell you plainly the nature of your disease and the treatment which he believes to be the best suited to your case. There is no charge whatever for advice, and you are cordially invited to take this opportunity of consulting our doctor.

All correspondence is treated as strictly confidential, and your case will have just as thorough consideration as though you were paying a doctor ten or fifteen dollars for an examination.

How to Order by Mail

When you cannot procure DR. CHASE'S REMEDIES from your Dealer

Dr. Chase's Remedies are so thoroughly well known in every district of Canada and the United States, that nearly every dealer keeps them in stock. If you cannot get them from your dealer, or live at a distance from town, write direct to these offices, enclosing the price for the remedies you want, and they will be forwarded post-paid to your address.

If you live in Canada, address Edman-son, Bates & Co., Toronto, Ont.; if in the United States, the Dr. A. W. Chase Medicine Co., Buffalo, N.Y.; if in Europe, the Dr. A. W. Chase Medicine Co., 21 Cockspur St., London, Eng. To avoid all mistakes, sign your name plainly and state the name of the Province or State in which you live.

Dr. Chase's Remedies and What They Cost

- Dr. A. W. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, 5 boxes for \$1.00.
- Dr. A. W. Chase's Ointment, 60 cents a box.
- Dr. A. W. Chase's Nerve Food (Pills), 50 cents a box, 6 boxes for \$2.50.
- Dr. A. W. Chase's Catarrh Cure, 25 cents a box, blower free.
- Dr. A. W. Chase's Syrup of Linseed and Turpentine, 25 cents a bottle. Family size, three times as much, 60 cents. Can only be sent by express at buyer's cost.
- Dr. A. W. Chase's Liver Cure, 50 cents. Can only be sent by express at buyer's cost.

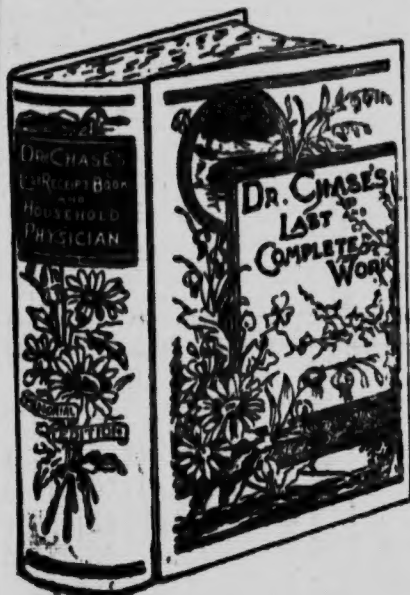
EDMANSON, BATES & CO.

22 Colborne Street,

TORONTO, ONT.

Are You Out of Work ?

We have men and women from all classes in our employ as agents: lawyers, physicians, ministers, teachers, farmers and mechanics—some of them college graduates, some of them very wealthy men. No one can find employment in which he can, without capital, make more money for himself, or do more good for his fellow men. No one is so clumsy that he cannot earn three or four dollars per day if he be diligent. We want to sell more books this year than ever before and agents will be encouraged to the utmost that we can offer. Order your sample book, study it, make yourself familiar with it, go at the work in earnest and you will make money to your satisfaction; and when you have learned all there is in this book you will be better qualified to practice medicine than half the physicians who are practicing to-day.



"I have been a canvasser for a number of years, and during that time I have handled quite a number of good works, and among them all I have found no book as a seller, or that gives such general satisfaction as Dr. Chase's Last and Complete Receipt Book and Household Physician. It is quite a common thing to hear people who have used it for some time say, 'I would not part with it for anything,' 'I would not like to keep house without it,' '\$10.00 would not purchase it if I could not get another copy,' etc., etc. I have sold some 4,260 copies and expect to sell many more."

JOHN MORTON, Belleville, Ont.

Just recently Mr. Morton sold 149 copies of Dr. Chase's Receipt Book in Owen Sound, and in his last letter of Sept. 10, 1902, he ordered 115 copies for delivery in Midland, Ont.

MR. GEO. NIGER, of Niagara Falls, Ont., writes:—"Dr. Chase's Receipt Book is the only book to sell as a money-maker."

"I think Dr. Chase's Receipt Book is one of the fastest selling books I ever handled. When in Winnipeg, on some streets I took an order for it in almost every house."

J. W. DEMOREST, Keewatin, Ont.

Dr. Chase's Receipt Book and Household Physician

is the latest, most reliable, most valuable Family Physician and General Receipt book which has ever been published. It gives in plain, simple, common language—first, the cause—next, the symptoms—and next, the cure, for every disease which affects suffering humanity.

Agents' Outfit Including "Prospectus," "Laws of Success" and full instructions as to the most successful methods of selling books, will be sent postpaid for 50 cents to anyone mentioning this advertisement. The usual price is 75 cents. Better write at once for choice of territory, as it is being rapidly taken up.

By Mail Dr. Chase's Receipt Book is not for sale at book stores and can only be obtained from our agents, or will be sent postpaid on receipt of price, \$2.75. Full particulars free.

Edmanson, Bates Publishing Co.

32 Colborne Street, TORONTO, ONT.



REMEMBER we will refund the money paid for this book if after using it the purchaser does not find it the most useful book ever purchased.

CALENDAR 1903

JANUARY

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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

SEPTEMBER

S	M	T	W	T	F	S
...	...	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

OCTOBER

S	M	T	W	T	F	S
...	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

DECEMBER

S	M	T	W	T	F	S
...	...	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SPECIAL NOTICE

Next year we begin the publication of Dr. A. W. Chase's Calendar, containing large separate calendars for each month, a forecast of the weather and signs of the zodiac. Send your name and address for the most complete family almanac that has ever appeared in Canada, mailed postpaid.

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